

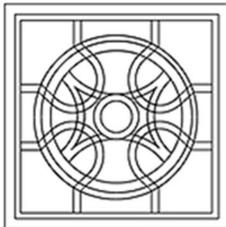
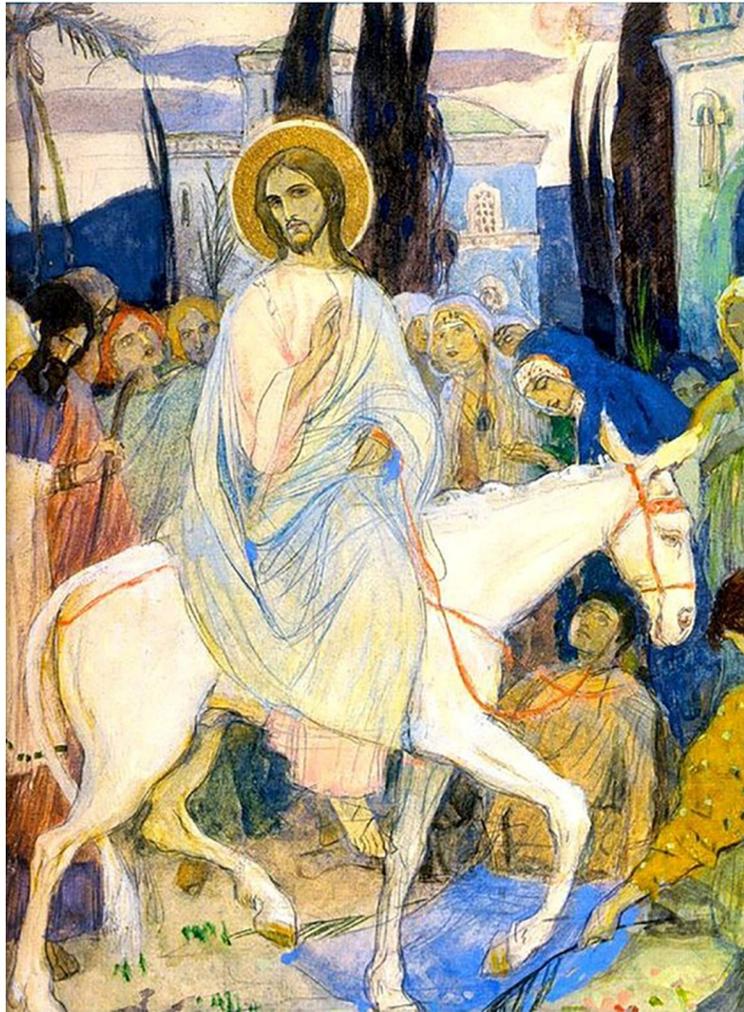
THE PRESBYTERIAN CHURCH OF CHESTNUT HILL

An inclusive community of faith

Sunday, April 2, 2023

10:00 a.m.

PALM SUNDAY



8855 Germantown Avenue, Philadelphia, Pennsylvania

WELCOME!

Welcome to the Presbyterian Church of Chestnut Hill!

Whether you're a first-time guest or a longtime member, we are grateful for your presence. There's a place for you here!

See an usher for hearing devices or large-print bulletins.

Nursery care for infants through age 2 is available in the Strouse building—ask an usher for assistance. Children age 3 and older depart from worship for church school.

We encourage you to fill out the black fellowship pads in the pews, to help us to get to know all who've shared worship with us today.

Following the 10:00 a.m. service, all are invited for refreshments and fellowship in Widener Hall.

We send regular email updates about worship, church life, and other events. Please contact the church office if you'd like to receive them.

Please silence all electronic devices.

Find more information about PCCH on page 12.

ORDER OF WORSHIP

When you act to alleviate a neighbor's suffering
without presuming to prejudge their worthiness of care,
you do your part to realize God's beloved community.

It's a wide, welcoming circle of mercy,
embodied not in some faraway eternity
but right where you are with whoever shows up.
Compassion blurs the borderline between earth and heaven,
self and neighbor, giver and receiver, holiness and humanity.
Salvation is at hand.

Rachel M. Srubas
The Desert of Compassion

OPENING VOLUNTARY

Two Chorale Preludes on
Valet will ich dir geben

Flor Peeters
(1903-1986)
David Lasky
(b. 1957)

INTROIT

John D. Horman
(b. 1946)

Lo, He comes!
Sing we "Hosanna!"
Lo, He comes,
Let us sing to the Lord!

Enter His gates with shouts of thanksgiving,
into His courts with songs of praise.
Come, let us march in glad procession,
loud Hosannas now we raise.

Open your heart and welcome the Savior.
Join with the song that has no end.
This is the day for which we have waited;
the coming of our Lord is surely at hand.

**Please stand as you are able.*

CALL TO WORSHIP

Leader: Blessed is the one who comes in the name of the Lord.
People: **Hosanna in the highest!**

THE PALM SUNDAY NARRATIVE

Matthew 21:1-11

Narrator:

When they had come near Jerusalem and had reached Bethphage, at the Mount of Olives, Jesus sent two disciples, saying to them,

Jesus:

“Go into the village ahead of you, and immediately you will find a donkey tied and a colt with her; untie them and bring them to me. If anyone says anything to you, just say this, ‘The Lord needs them.’ And he will send them immediately.”

Narrator:

This took place to fulfill what had been spoken through the prophet: “Tell the daughter of Zion, look, your king is coming to you, humble and mounted on a donkey, and on a colt, the foal of a donkey.”

The disciples went and did as Jesus had directed them; they brought the donkey and the colt and put their cloaks on them, and he sat on them. A very large crowd spread their cloaks on the road, and others cut branches from the trees and spread them on the road. The crowds that went ahead of him and that followed were shouting.

Crowd: (Congregation)

“Hosanna to the Son of David! Blessed is the one who comes in the name of the Lord! Hosanna in the highest heaven!”

Narrator:

When he entered Jerusalem, the whole city was in turmoil, asking,

Crowd: (Congregation)

“Who is this?”

Narrator:

The crowds were saying,

Crowd: (Congregation)

“This is the prophet Jesus from Nazareth in Galilee.”

***HYMN 88**

All Glory, Laud, and Honor

VALET WILL ICH DIR GEBEN

*The waving of palm branches is encouraged during the singing of the refrain of the hymn.
One Great Hour of Sharing fish banks may be place in the baskets in the chancel.*

PRAYER OF CONFESSION (*unison*)

Everlasting God, in your tender love for the human race you sent your Son to take our nature, and to suffer death upon the cross. In your mercy enable us to share in his obedience to your will and in the glorious victory of his resurrection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, forever and ever. Amen.

KYRIE ELEISON

Kile Smith
(b. 1956)

The musical score is written in 4/4 time with a key signature of one flat (B-flat). It consists of three systems of music. The first system has two parts: 'Cantor/Choir' and 'Congregation'. The lyrics are 'Lord, have mer - cy, Lord, have mer - cy.' The second system also has two parts: 'Cantor/Choir' and 'Congregation'. The lyrics are 'Christ, have mer - cy, Christ, have mer - cy.' The third system has two parts: 'Cantor/Choir' and 'Congregation'. The lyrics are 'Lord, have mer - cy, Lord, have mer - cy.' The music is simple and melodic, with a focus on the text.

PROMISE OF THE GOSPEL

Leader: Friends, believe the good news.

People: In Jesus Christ, we are forgiven.

***GLORIA PATRI**

Smith

Glo - ry be to the Fa - ther and to the Son and
to the Ho - ly Spir - it, as it was in the be - gin - ning, is
now, and ev - er shall be, world with - out end. A - men.

***PASSING OF THE PEACE**

Leader: As a forgiven people, let us share Christ's peace with one another.
The peace of Christ be with you.
People: And also with you.

WELCOME AND ANNOUNCEMENTS

PRAYER FOR ILLUMINATION (*unison*)

Eternal God, whose word silences the shouts of the mighty: quiet within us every voice but your own. Speak to us through the suffering and death of Jesus Christ that by the power of your Holy Spirit we may receive grace to show Christ's love in lives given to your service. Amen.

PSALTER

Psalm 118: 24-29

Peter Hallock
(1924-2014)

Choir: Antiphon

Organ: Everyone: This is the Lord's do-ing and it is
mar-vel-ous in our eyes.

Congregation: Antiphon

On this day the Lord has acted;
we will rejoice and be glad in it.

Hosanna, Lord, Hosanna!
Lord, send us now success.

Congregation: Antiphon

Blessed is he who comes in the name of the Lord;
we bless you from the house of the Lord.

God is the Lord, he has shined upon us;
from a procession with branches up to the horns of the altar.

Congregation: Antiphon

“You are my God, and I will thank you;
you are my God, and I will exalt you.”

Give thanks to the Lord, for he is good;
his mercy endures for ever.

Congregation: Antiphon

CHILDREN’S MOMENT AND DISMISSAL

Children through 7th grade depart for church school in the Strouse building, followed immediately by Joyful Noise rehearsal in the chapel for children through 5th grade. Following rehearsal the children will be brought to their families in Widener Hall.

HYMN (*seated*)

TALLIS' CANON

Go with us, Lord, and guide the way
Through this and every coming day,
That in your Spirit strong and true,
Our lives may be our gift to you.

EPISTLE LESSON

Philippians 2:5-11

Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death—even death on a cross.

Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

Leader: Holy wisdom, holy word.
People: **Thanks be to God.**

SERMON

What's the Past Got to Do with It?

John Wilkinson

***HYMN 89**

Hosanna, Loud Hosanna

ELLACOMBE

*AFFIRMATION OF FAITH

from "Our Song of Hope"
Reformed Church in America

We sing to our Lord a new song;
we sing in our world a sure hope:
our God loves this world,
God called it into being,
God renews it through Jesus Christ,
God governs it by the spirit.
God is the world's true hope.

God will renew the world through Jesus,
who will put all unrighteousness out,
purify the works of human hands,
and perfect their fellowship in divine love.
Christ will wipe away every tear;
death shall be no more.
There will be a new heaven and a new earth,
and all creation will be filled with God's glory.

Come, Lord Jesus:
we are open to your spirit.
We await your full presence.
Our world finds rest in you alone.

PRAYERS OF THE PEOPLE AND LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

OFFERING

OFFERTORY ANTHEM

Thomas Weelkes
(1576-1623)

Hosanna to the son of David.
Blessed be the King that cometh in the name of the Lord.
Thou that sitteth in the highest heavens.
Hosanna in excelsis Deo.

***DOXOLOGY**

OLD HUNDREDTH

Praise God, from whom all blessings flow,
Praise God, all creatures here below;
Praise God above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

***PRAYER OF THANKGIVING**

Leader: The Lord be with you.

People: **And also with you.**

Leader: Let us pray.

All: We praise you, O God, for your redemption of the world through Jesus Christ, who entered the holy city of Jerusalem in triumph and was proclaimed Messiah and king by those who spread garments and branches along his way. Let these branches be signs of his victory, and grant that we who carry them may follow him in the way of the cross, that, dying and rising with him, we may enter into your kingdom; through Jesus Christ our Lord, who lives and reigns with you in the unity of the Holy Spirit, now and forever. Amen.

***HYMN 91**

Ride On! Ride On in Majesty!

ST. DROSTANE

***CHARGE AND BENEDICTION**

BENEDICTION RESPONSE

Amen

Orlando Gibbons
(1583-1625)

CLOSING VOLUNTARY

Palm Sunday Improvisation

Richard Purvis
(1913-1994)

LEADING WORSHIP TODAY

PREACHING

John Wilkinson

LITURGIST

Mark Bernstein

MUSIC

Gallery Choir

Daniel Spratlan conductor

Joyful Noise

Julie Snyder conductor

Jeffrey DeVault organist

GREETERS

Jill Bown and **Shannon Cavanaugh** Elders

Beth DeSoo and **Graeme Frazier** Deacons

USHERS

Kevin Raphael Team #1 Leader; **Emily Camp McCahery**, **Carolyn Manwaring**,
Ray McCahery, **Sarah Wright**

FLOWER GUILD

Barbara Olson and **Liz Podraza**

PALMS IN THE SANCTUARY are given to the glory of God and in loving memory of
Jane Pfeifer given by her daughters Tina, Anne, and Jenny.

COVER Mikhail Vasilyevich Nesterov, *The Entry into Jerusalem*, early 20th century, gouache,
tempera, bronze, pencil on cardboard. State Russian Museum, Saint Petersburg. Nesterov is
known as one of the first exponents of Symbolist art in Russia.

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GOOD TO KNOW

If you are interested in exploring membership at PCCH, please contact John Wilkinson at the church office or at jwilkinson@chestnuthillpres.org.

Sunday worship is live-streamed at chestnuthillpres.org/live and is recorded for later viewing. This offering extends our reach across the country and beyond. Visit us when you're away and tell your friends about this new opportunity to join us.

Please share any pastoral care needs or concerns with John Wilkinson at the church office or at jwilkinson@chestnuthillpres.org.

If you would like to receive a ride to church for Sunday worship, please contact the church office.

Please see the back cover for information about our church staff and how to contact and connect with us. You also can access today's Bulletin online.



The Presbyterian Church of Chestnut Hill has committed itself to be a Matthew 25 congregation, joining an initiative of the Presbyterian Church (U.S.A.) focused on three areas:
Building congregational vitality, dismantling structural racism,
eradicating systemic poverty.

MATTHEW 25

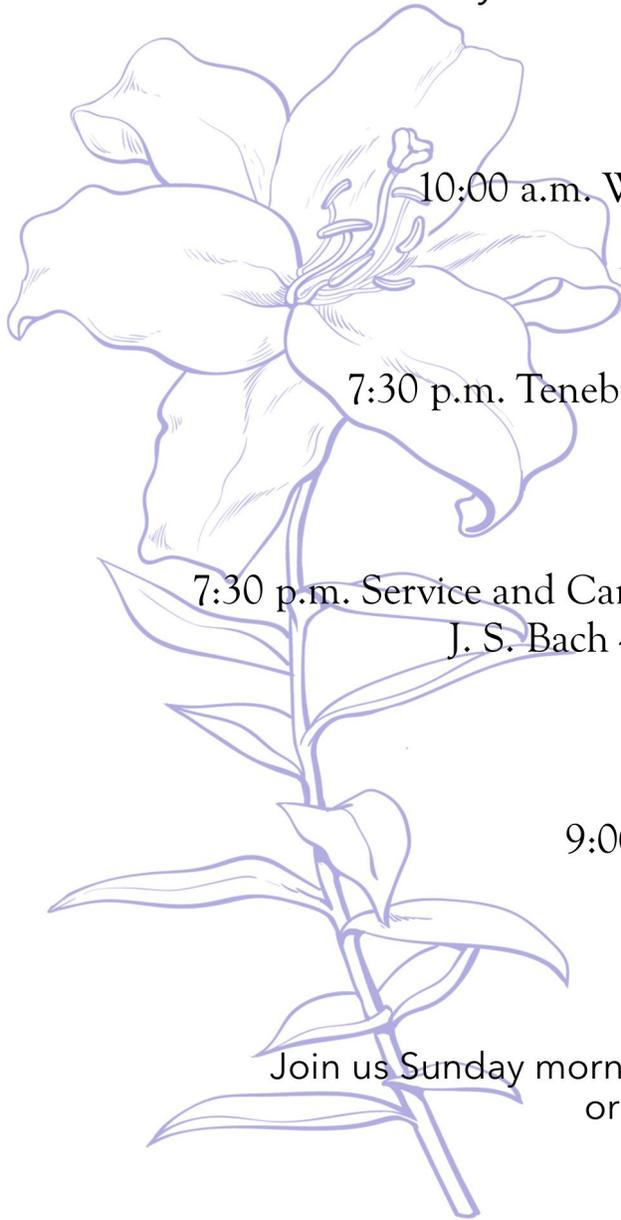
Visit our Matthew 25 page: chestnuthillpres.org/matthew-25 for more information about Matthew 25 news and events.

As part of the upcoming Weekend of Service (May 6-7), the Social Witness Committee will be working with a new mission partner to assist homeowners in the Germantown area with necessary home repairs. Further information on Urban Resources Development Corporation (URDC) can be found on page 17.

HOLY WEEK & EASTER

The Presbyterian Church of Chestnut Hill

an inclusive community of faith



PALM SUNDAY

April 2

10:00 a.m. Worship in the sanctuary & online

MAUNDY THURSDAY

April 6

7:30 p.m. Tenebrae Service with the Lord's Supper

GOOD FRIDAY

April 7

7:30 p.m. Service and Cantatas & Chamber Music Concert

J. S. Bach - BWV 4, *Christ Lag in Todesbanden*

EASTER SUNDAY

April 9

9:00 and 11:00 a.m. Worship services
in the sanctuary & online

Join us Sunday mornings at 10:00 a.m. in our sanctuary
or live-stream at chestnuthillpres.org

Easter Flower Memorials

*The PCCH Flower Guild
invites you to remember loved ones at Easter
with memorial flowers.*

On Easter Sunday, April 9, the Sanctuary will once again be blooming with beautiful spring flowers given to the glory of God and in memory or thanksgiving for loved ones.

The Flower Guild invites you to remember or honor your loved ones on Easter by completing and returning this form to the church office no later than Sunday, April 2.

Please provide the following information:

In loving memory of:

In honor of or in thanksgiving for:

Name(s) of contributors

Suggested minimum donation is \$35. Please make your check payable to PCCH, including "Easter Flowers" on the memo line.

THE LIFE OF THE CHURCH

TODAY AT PCCH

SECOND HOUR

Sunday, April 2 (Palm Sunday), 11:30 a.m., reception room

John Wilkinson will lead us through the various gospel representations of the events of Holy Week.

Sunday, April 30, 11:30 a.m., reception room

Our exploration of *Braiding Sweetgrass* continues. We will discuss *In the Footsteps of Nanabozho: Becoming Indigenous to Place*, *The Sound of Silverbells*, and *Sitting in a Circle*.

GOOD FRIDAY NOONDAY SERVICE

In addition to the Good Friday service held at PCCH at 7:30 p.m., all are invited to a Good Friday service at Oxford Presbyterian Church at 12:00 noon, featuring several Presbyterian congregations. John Wilkinson and Jeffrey DeVault will participate. All are welcome. A meal will be served following the service. The church is located at 8501 Stenton Avenue, Philadelphia 19150.

PCCH GOOD FRIDAY CANTATAS AND CHAMBER MUSIC

Friday, April 7, 7:30 p.m., Chapel

J. S. Bach BWV 4, *Christ Lag in Todesbanden*

PCCH Consort and soloists, Jeffrey DeVault harpsichord, Daniel Spratlan conductor

Please join us for an evening of transcendent music and readings.

JOHN WILKINSON FAREWELL CELEBRATION

Sunday, April 23, 11:30 a.m., Widener Hall, following the congregational meeting

The congregation is invited to join together to thank and bid farewell to John Wilkinson on his last Sunday with us. John's steady hand, extensive church experience, calm demeanor, and dependable wisdom steered the good ship PCCH through the stormy waters of the COVID pandemic. Now his love of the larger church and his leadership experience take him to accept a new leadership challenge. Please join us on April 23 to express our deep gratitude and to wish John and his family well.

PCCH WEEKEND OF SERVICE

Saturday, May 6 and Sunday, May 7

As part of the upcoming Weekend of Service, the Social Witness Committee will be working with a new mission partner to assist homeowners in the Germantown area with necessary home repairs. The mission of Urban Resources Development Corporation (URDC) is to help stabilize neighborhoods in Germantown, Mt. Airy, East/West Oak Lane, and surrounding communities by addressing the housing needs of seniors and low-income families through its Owner-Occupied Repair Program. We are organizing a volunteer group on Saturday, May 6 to take on home repair and improvement projects on site; repairs are usually indoor projects helping URDC clients with painting, demolition, drywall, and spackling. Water, gloves, masks, sanitizer, project supplies, and T-shirts are provided to volunteers, along with lunch.

Meet URDC executive director Joe Waldo at coffee hour today.

The volunteer day starts at PCCH at 8:30 a.m. and will end by 3:00 p.m. Youth and above ages are welcome; experience not necessary, but helpful! Contact Jeff Podraza (jeffpodraza@gmail.com, text/call 267-254-8193) for more information or to volunteer. We are limited to 20 volunteers on this project, so sign up early!

WEST KENSINGTON MINISTRY GOLF OUTING

Monday, May 15, 9:45 a.m. at Five Ponds Golf Club in Warminster

The Fifth Annual West Kensington Ministry Golf Outing is approaching! Make plans now to play, volunteer, or support this great event that benefits one of our mission partners. This year's outing promises more of the golf, fun and camaraderie that has become the Annual WKM Golf Outing. The golfer donation amount is \$175 per person and covers lunch, greens fees and cart, putting contest, hole prizes, door prizes, post-tournament reception, and a fun day to benefit a critical urban ministry.

In addition to golf, there are also many opportunities to participate in this benefit event, including hole sponsorships, lunch, reception, program sponsorships, donation of prizes or silent auction items. Donations are also welcomed. Check the Golf Outing flyer on the Social Witness bulletin board for details. You can register, sponsor or donate to the outing by clicking on the green "Golfer Registration" icon near the bottom of the homepage at westkensingtonministry.com. Your support in the past has been both generous and critical to enabling WKM to physically, spiritually and intellectually impact the lives of its neighbors and be a vital and relevant spiritual presence in the West Kensington community. If you have any questions, please reach out to Jeff Podraza (jeffpodraza@gmail.com).

CHURCH ADMINISTRATOR SOUGHT

We are beginning the process of identifying a new church administrator. This multi-dimensional role works with a range of staff, church members and others to oversee the operation of PCCH. A variety of previous work experiences could serve as qualifications for this work. For a position description, or to learn more, please contact John Wilkinson at jwilkinson@chestnuthillpres.org.

SUNDAY MORNING LITURGISTS SOUGHT

If you would like to participate in worship leadership by reading one of the scripture lessons and other parts of the liturgy, we'd love to welcome you to that role. Please contact John Wilkinson at the church office or jwilkinson@chestnuthillpres.org for further information.

ONGOING BOOK DRIVE

We continue to receive books for the Philadelphia Book Bank and Treehouse Books. Books may be brought to the Reception Room.

Philadelphia Book Bank receives children's books in new or gently used condition.

Treehouse Books receives new children's books. They have a wish list on Amazon.

YOUTH SPAGHETTI DINNER

Sunday, April 23, Widener Hall

As we again anticipate the delightful Youth Spaghetti Dinner on April 23, , your Music and Arts Committee is pleased to announce that once again we will be offering the Mystery Wine Table with wine for your enjoyment with the delicious meal prepared by the PCCH youth. The wine will be offered at the door where you may pick a numbered cork from a basket to exchange for a bottle of wine. As this is a fund raising event, we will ask for a "corkage donation," with the proceeds being split between the Youth Mission Trip and support for the Music and Arts programming at the Church.

In order to have enough wine available, we are soliciting bottle donations. If you wish to donate a bottle (or two) for this great event, please get them to the church office prior to Friday, April 21. Bringing your own bottle ensures you have a wine you like, but being adventurous is sometimes more fun. Thank you for your support.

OPPORTUNITIES TO LEARN & CONNECT

WEDNESDAY BIBLE STUDY

Please join us each Wednesday at 11:00 a.m. in the Harris Room for study, reflection and discussion. We typically explore the lectionary texts for the following Sundays. All are welcome, whether you can join us regularly or not. We will meet this Wednesday, April 5 and then hit the pause button. Watch the bulletin for updates.

CHILDREN, YOUTH & FAMILIES

CHURCH SCHOOL TEACHERS SOUGHT

We are in need of more teachers and teacher assistants in our church school classes! If you are interested in volunteering for either of these roles, please reach out to Megan Petero at mpetero@chestnuthillpres.org. There will be training and information sessions once we have a list of prospective teachers. Thank you!

SUNDAY SCHOOL UPDATE

We offer classes for two different age groups—one for children ages 3 through 2nd grade (room 212) and another for children in grades 3 through 7 (room 201). Both rooms are directly adjacent to the chapel.

Our curriculum for both age groups, based on the Montessori method of learning, comes from Godly Play, using visual elements to hear Bible stories and then inviting children to express themselves by creating art or building and shaping things.

Godly Play is designed for children to both experience God and to find ways to express their faith experiences. The rhythm of Godly Play is more like worship than school and children are able to explore what they have experienced.

Our younger children from ages 3 to 2nd grade will be immersed in the stories of God's care for us, learning the ebb and flow of silence and interacting, of hearing and doing.

The older group, grades 3 to 7, will focus on the gift of creation and how we might think about the needs of the earth while hearing many ways in which people of the Bible carry out acts of love and care in challenging times.

Nursery care is available for children ages two and under and is staffed by two fully vaccinated, fully background-checked adults. Nursery workers will continue wearing masks.

CHILDREN AND YOUTH MUSIC

Joyful Noise, our children's choir, will rehearse today from 11:10-11:40 a.m. All children through grade 5 are invited to participate.

Youth Choir will rehearse today from 4:15-5:00 p.m. All youth in grades 6-12 are invited to participate.

Church school will be held during both services on Easter Sunday and childcare will be available all morning.

CHILDREN AND YOUTH SUNDAY SCHEDULE

Sunday, April 2 (Palm Sunday) *Bring your fish banks!*

11:10-11:40 a.m. Joyful Noise rehearsal (grades K-5)

4:15-5:00 p.m. Youth Choir rehearsal (grades 6-12)

5:00-6:45 p.m. Regular youth group with guest speaker from Urban Resources
Development Corporation

Sunday, April 9 (Easter Sunday)

No Joyful Noise or Youth Choir rehearsal

10:15 a.m. Mark your calendar for the annual Easter Egg Hunt. Details to come.

CATERED BY PCCH YOUTH!

SPAGHETTI DINNER



Sunday, April 23

Widener Hall

seatings at 5 pm & 6 pm

adults \$12 | children \$8 | family max \$40

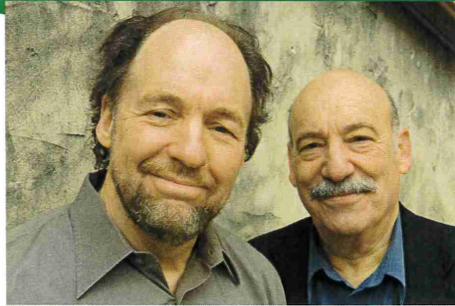
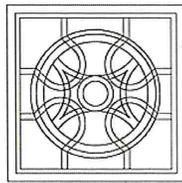
*select a "Mystery Wine" offered for sale by the Music & Arts Committee
or bring your own adult beverage*

Tickets on sale after worship on Sundays

All money generated from ticket sales and donations will go directly towards
the youth mission trip this summer to Ghost Ranch, New Mexico.

Forum on the Hill

Presented to a limited number of people in-person at 12:30pm then recorded and posted online starting at 5pm. www.chestnuthillpres.org/education/forum-on-the-hill/



APRIL 13 12:30PM

DAN BIDDLE AND MURRAY DUBIN

TASTING FREEDOM: OCTAVIUS CATTO AND THE BATTLE FOR EQUALITY IN CIVIL WAR AMERICA

In *Tasting Freedom* Murray Dubin and Pulitzer Prize winner Daniel Biddle painstakingly chronicle the life of Octavius Valentine Catto, a charismatic black leader—a “free” black whose freedom was in name only. Catto electrified a biracial audience in 1864 when he proclaimed, “There must come a change,” calling on free men and women to act and educate the newly freed slaves. *Tasting Freedom* presents the little-known stories of Catto and the men and women who struggled to change America. Join us as the authors lead an important conversation about this important book that will change the way you understand American History.

Daniel R. Biddle, the Philadelphia Inquirer's former politics editor, has been a journalist for more than four decades. His investigative stories on the courts won a Pulitzer Prize and other national awards. He has been a Nieman Fellow at Harvard University and teaches journalism at the University of Delaware.

Murray Dubin, author of *South Philadelphia: Mummies, Memories and the Melrose Diner*, was a reporter and editor at the Philadelphia Inquirer for 34 years before leaving the newspaper in 2005. He lives in Philadelphia with his wife, Libby Rosof.

PRESBYTERIAN CHURCH OF CHESTNUT HILL

8855 GERMANTOWN AVE, PHILADELPHIA PA 19118

Registration Required for in-person attendance.

Contact 215-247-4654 or email msaavedra@chestnuthillpres.org

<https://www.chestnuthillpres.org/education/forum-on-the-hill/>

Visit our website above to watch the recorded version after 5pm.

CENTER ON THE HILL

The Center on the Hill is open Monday to Friday, 9:00 a.m.–4:00 p.m. with all our practices and protocols in place. New online content is posted Monday to Thursday at 12:00 p.m. on our programs page: chestnuthillpres.org/center-on-the-hill/programs.

Registration is required for all activities and classes at the Center as space is limited for social distancing. Call 215-247-4654 or email msaavedra@chestnuthillpres.org.

The Center on the Hill will be closed Easter Monday, April 10.

CLASSIC TABLE GAMES—OPEN PLAY (*registration required*)

Mondays, ongoing, join anytime, 12:00–2:00 p.m., \$2

Playing table games is proven to stimulate brain areas that are responsible for memory formation and complex thought processes in all ages. Bring your own favorite game to play or choose from one that we have here at the Center.

GOLDEN YOGA (*registration required*)

Wednesdays, start any time, 3:00–4:00 p.m., \$10 per class, \$35 for 4 classes, \$85 for 10 classes

Golden yoga is a classical yoga, adapted by the SKY Foundation, to accommodate those who have difficulty getting up and down from the floor. The practices include stretching, breathing, relaxation, and meditation techniques, all done while sitting in a chair or standing.

STRONG BONES EXERCISE CLASS (*registration required*)

Session 1: April 11–May 16, 1:00–2:00 p.m., \$72 for 6 week session or \$15 per class drop-in

Did you know that 1 in 2 women and 1 in 4 men over the age of 50 will have an osteoporosis-related fracture in their remaining lifetime, and that osteoporosis is responsible for 1.5 million fractures a year in the United States? It doesn't have to be this way! Hundreds of clinical studies have indisputably proven that doing the right exercises, improving your balance, and making some lifestyle changes, (such as not smoking and improving your diet), are critical factors in building stronger bones. This class will include standing and floor exercises to improve postural alignment, balance, and strength. Bring your own mat, but all other equipment will be provided.

KEYS TO POSTURE AND BALANCE (*registration required*)

Wednesday, April 12, 2:00–3:30 p.m., \$25

It is extremely important to maintain good posture to support our health and minimize structural discomforts. In the aging process, alignment and balance can become challenged. This class will give foundational guidelines to maintain postural alignment and increase balance efficiency.

BASICS OF ANDROID PHONE (*registration required*)

Wednesdays, April 19–May 24, Orientation class, Wednesday April 19, 1:00–2:00 p.m., free

Explore how to navigate through your Android phone step-by-step. You will learn how to save contacts, set-up your voicemail (and learn how to access your voicemail messages), send a text message, take photos and connect your email account to your phone. No experience necessary. Bring your Android to class. We'll also cover online safety topics including computer viruses and threats, setting up your online privacy, and spam emails. Handouts will be provided.

LEARN TO PLAY RUMMY TILES (*registration required*)

Wednesday, April 26, 10:30 a.m.–12:30 p.m., free

Rummy tiles (aka Rummikub) is one of the world's best-selling and most-played games. Players take turns placing numbered tiles in runs or groups, rummy style, the first player to use all of their tiles wins. Fast-paced, easy gameplay for 2 to 4 players, combining elements of the card game rummy and mahjong. Come learn how to play and then return ongoing for open play!

GRIEF SUPPORT GROUP (*registration required*)

Mondays, April 24, May 1, 8, 22, June 5, 12, 1:00–2:30 p.m., free

Group is closed to new members after May 1.

We acknowledge the value of sharing time and stories with others who have also experienced a loss. Please join us for six informal gatherings as you grieve the loss of a loved one. Topics covered: myths of grieving, grieving and the holidays, does grief ever end and others.

an evening of
Melody & Comedy



Saturday, April 29, 2023

Widener Hall, Presbyterian Church of Chestnut Hill

★ silent auction and light hors d'oeuvres
doors open at 7:00 pm; show starts at 7:30 pm
tickets available at the door
\$15 adults, \$10 children, \$40 family ★

HAPPENING HERE THIS WEEK

SUNDAY, April 2

Worship

Church School
 Joyful Noise rehearsal
 Fellowship
 Second Hour
 Youth Choir rehearsal
 Senior High youth group

Palm Sunday

sanctuary, 10:00 a.m.
 Strouse, 10:20 a.m.
 chapel, 11:10 a.m.
 Widener Hall, 11:15 a.m.
 reception room, 11:30 a.m.
 choir room, 4:15 p.m.
 youth office, 5:00 p.m.

MONDAY, April 3

Sketching and watercolor class
 AARP Smart Driver course
 Italian conversation group
 Classic table games open play
 WaterMedia level 2
 Qigong group
 Pennsylvania Girlchoir rehearsal
 Pennsylvania Girlchoir rehearsal
 Philomusica Chorale rehearsal

room 1&2, 9:30 a.m.
 Harris, 10:00 a.m.
 reception room, 11:00 a.m.
 room 5, 12:00 p.m.
 room 1&2, 1:30 p.m.
 Harris, 2:00 p.m.
 chapel, room 3&4, 4:00 p.m.
 sanctuary, choir room, 5:30 p.m.
 Widener Hall, 6:30 p.m.

TUESDAY, April 4

Mindfulness practice group
 Sketching and watercolor class
 AARP Smart Driver course
 MALT Create Your Own Website class
 Mah Jongg open play
 Strong Bones exercise class
 Writing Your Life Story class
 Watercolor and drawing foundations class
 Commonwealth Youthchoirs rehearsal
 Pennsylvania Girlchoir rehearsal
 Royal Scottish Country Dancers group
 Philadelphia Women's Music Project rehearsal
 Scouts district meeting

room 4, 9:30 a.m.
 room 1&2, 9:30 a.m.
 Harris, 10:00 a.m.
 Melcher, 10:00 a.m.
 room 5, 12:30 p.m.
 Widener Hall, 1:00 p.m.
 reception room, 1:00 p.m.
 room 1&2, 1:30 p.m.
 choir room, 6:00 p.m.
 room 3&4, 6:00 p.m.
 chapel, 7:15 p.m.
 Widener Hall, 7:30 p.m.
 room 1&2, 7:30 p.m.

WEDNESDAY, April 5

Rotary Club meeting
Rummy tiles open play group
Bible Study
Bridge open play group
PCCH staff meeting
Mah Jongg beginner and intermediate open play
Golden Yoga class
Weight Watchers meeting
Pennsylvania Girlchoir rehearsal

Widener Hall, 7:30 a.m.
room 5, 10:30 a.m.
Harris, 11:00 a.m.
room 1&2, 11:30 a.m.
Melcher, 1:00 p.m.
room 5, 1:30 p.m.
Widener Hall, 3:00 p.m.
Harris, 5:15 p.m.
all rooms, 6:00 p.m.

THURSDAY, April 6

BNI meeting
Qigong class
Thursday painters group
Thursday bridge group
Outdoor Gardeners
MLE Mah Jongg group
Gallery Choir rehearsal
Maundy Thursday Worship

Maundy Thursday
Melcher, 7:45 a.m.
Harris, 9:00 a.m.
room 1&2, 9:30 a.m.
room 5, 10:00 a.m.
Widener Hall, 11:00 a.m.
room 5, 1:30 p.m.
choir room, 6:45 p.m.
sanctuary, 7:30 p.m.

FRIDAY, April 7

Flower Guild Easter preparation
Yoga with Attitude class
Scrabble game
Yoga, a Chair and You group
Good Friday Worship
International folk dancing group
PCCH Sober and Out group
PCCH Good Friday Worship

Good Friday
kitchen, 8:00 a.m.
Harris, 9:45 a.m.
room 5, 10:00 a.m.
Harris, 11:30 a.m.
Oxford Presbyterian Church, 12:00 p.m.
room 3&4, 12:30 p.m.
Harris, 7:00 p.m.
chapel, 7:30 p.m.

SATURDAY, April 8

Flower Guild

kitchen, 8:00 a.m.

SUNDAY, April 9

Worship
Church School
Easter Egg Hunt
Worship
Church School

Easter Sunday
sanctuary, 9:00 a.m.
Strouse, 9:20 a.m.
front lawn, 10:15 a.m.
sanctuary, 11:00 a.m.
Strouse, 11:20 a.m.

ABOUT PCCH

THE PRESBYTERIAN CHURCH OF CHESTNUT HILL is a lively congregation that has been serving Philadelphia and beyond since 1852. We have been located on this site since 1950. We are a congregation of the Presbyterian Church (U.S.A.) and the Presbytery of Philadelphia.

Our traditional worship service connects with contemporary approaches to questions of faith and life. We support a wide range of mission partners throughout the city and are home to a number of music groups.

Our membership is drawn from the city and surrounding communities. We aspire to be an inclusive community of faith in our work and worship together.

SESSION

Linda Amsterdam
Rebecca Bernstein
Jill Bown
Shannon Cavanaugh
Gregory Dickinson
Matthew Eastman
Jack Evans
Robert Fles

Graeme Frazier
Lisa Guyer
Kate Houstoun
Kathryn Krantz
James Lutz
Katherine Magid
Ryan Mann
William Murphy

Michelle Shachtman
Taylor Slaughter
Harry Spaeth
James Spause
Margaret Spencer
Beth Nell Vaccaro
Christen Webber
Kevin Welsh

BOARD OF DEACONS

Emily Barth
Kelly Baughman
Mark Bernstein
Cathy Brzozowski
Emily Camp
Rebecca DePasquale
Beth DeSoo
Sara Eastman

Debby Evans
Courtney Franklin
Trish Franklin
Becky Frazier
Beverly Heimbach
Lyn Huertgen
Jane Kaufman
Kristin Lawton

Jane McGill
Barbara Olson
Linda Pettengill
Amy Raphael
Dominick Rebeck
Deborah Robinson
Beth Vaccaro
Sarah Wright

CHURCH STAFF

John Wilkinson Pastor
Megan Petero Acting Coordinator of Children's and Youth Ministry
Beth Shalom Hessel Parish Associate
Cynthia A. Jarvis Pastor Emeritus
Daniel Spratlan Director of Music
Jeffrey DeVault Organist/Associate Director of Music
Julie Snyder Director, Joyful Noise and Youth Choir
Megan Cullen Church Administrator
Diana Rodgers Interim Director, Preschool
Mariangela Saavedra Director, Center on the Hill
Leslie A. Lefer Communications Coordinator
Evelyn F. Carpenter Administrative Assistant
Felix Delgado Sexton
Donna Marciel Sunday Sexton
Debbie Lambeth Sunday Child Care Provider

CONTACT PCCH

Church office 215.247.8855
Preschool 215.247.8865
Center on the Hill 215.247.4654

info@chestnuthillpres.org

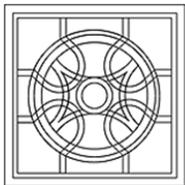
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