

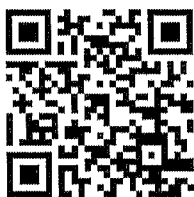
THE LIFE OF THE CHURCH

UPCOMING EVENTS AT PCCH

OUR GUEST PREACHER TODAY

The Rev. Russell C. Sullivan, Jr. currently serves as PCCH's bridge pastor. Prior to his retirement in 2021, Russell served as pastor/head of staff at Pine Street Presbyterian Church in Harrisburg, Pennsylvania. Russell and his wife Myriam were married in 1989 and have two children, David and Lara. They live in the Fairmount section of Philadelphia, where they enjoy camping, bicycle riding, reading, music, movies and great cooking.

SAVE THE DATE



Vacation Bible School will be held Monday, August 14 through Friday, August 18, 9:00 a.m.-12:00 noon.

This year we will explore what it means to be “called” through music, drama, yoga, art, mission, and more. VBS is open to children ages 3 through 5th grade.

Stay tuned for more information.

Register here: tinyurl.com/254juxax

SECOND HOUR

Sunday, May 28 11:30 a.m., reception room

Our May exploration of *Braiding Sweetgrass* continues. We will discuss *The Sacred and the Superfund*; *People of Corn*, *People of Light*; and *Collateral Damage*. These chapters have us confront today's mostly unexamined beliefs underlying society's exploitation of natural resources, a scale of exploitation which is leading to rapid climate change and ecosystem losses. Since the time of Jesus, approximately 50 billion people have been born on earth, and approximately this same number will be born in just the remainder of this century alone. Can we apply *What Would Jesus Do?* in our prayers and actions on behalf of the unborn 50 billion? What sacrifices ought we make today such that our ancestors may enjoy safe homes, abundant food, plentiful wildlife, good health, justice and peacefulness, which were the gifts we received from our ancestors and their sacrifices? Let us discuss how author Kimmerer would have us draw on Indigenous wisdom to design a Golden Rule for the 21st century.

PCCH PICK-UP CHOIR

Do you want to sing with the PCCH Gallery Choir? On Sundays June 11 and 25 anyone interested in singing may join the Gallery Choir in worship! No audition is required. Please arrive at 9:00 a.m. in the gallery (organ loft) to rehearse for the 10:00 a.m. service. This is a great chance if you are new, too busy on Thursday nights, or weren't sure how to get involved, to meet one another and get singing! No ongoing commitment is required if you come, but anyone who enjoys the experience and wants to join the Gallery Choir in the fall may audition with Dan after the service or at a later date. If you cannot make it on one of these days but you want to sing in the choir, or if you have any questions, please contact Dan Spratlan at danielspratlan@gmail.com.

SAVE THE DATE

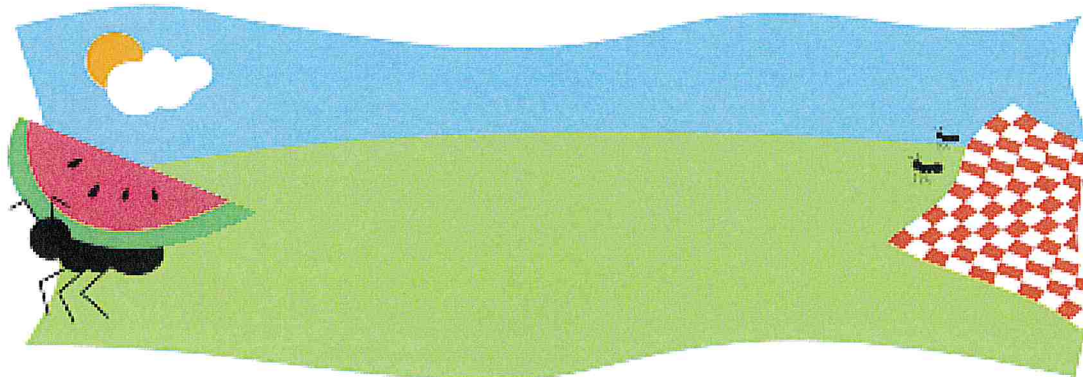
NEW YORK CITY CHILDREN'S CHORUS

On June 18 the New York City Children's Chorus will join us to lead worship. This chorus is a graded choral program for children in the metropolitan New York City area who wish to receive training in the art of singing in a rigorous and rewarding choral environment. Founded in 2012 by Mary Huff at Madison Avenue Presbyterian Church, the New York City Children's Chorus enables choristers, through hard work and dedication, to develop a passionate commitment to excellence through the choral arts, to learn discipline and self-confidence, and to give back to their community through the gift of music.

Recent international appearances include performance tours of Spain, Austria, and Canada, including concerts to full houses in Madrid, Granada, Valencia, Vienna, Salzburg, and Toro. Nationally, the NYCCC has performed at the Basilica of the National Shrine, Washington, DC, Old North Church and Old South Church, Boston, Plymouth Plantation, Plymouth, Massachusetts. as well as concerts in Pennsylvania and Nashville, Tennessee. Recent television appearances include Good Morning America, Today Show, NBC Sports, CBS Sunday Morning, Saturday Night Live, and Merry Knicksmas at Madison Square Garden, New York.

FREE BOOKS – Bible, Theology, Church History

John Wilkinson had a lot of books, and he took many with him. However, he left some here, some newer and some of the more classic variety. They are yours—and free! The books are located in the bookcase outside the church administrator's office on the lower level. Please help yourself—take and read.



Annual Spring Picnic

Sunday, June 11th

after worship, on the front lawn

The Hospitality Committee asks you to help make PCCH's
annual spring picnic a success:
Bring your favorite seasonal side dish
Volunteer for setup and cleanup

Use the sheets posted outside the church office
to let us know how you can help;
or reach out to Emily McCahery at
215-208-6268 emma.camp327@gmail.com

Remember... many ~~ants~~ hands make light work.

CHILDREN, YOUTH & FAMILIES

SUNDAY SCHOOL UPDATE

On Sunday mornings we normally offer classes for two different age groups—one for children ages 3 through 2nd grade (room 212) and another for children in grades 3 through 7 (room 201). Both rooms are directly adjacent to the chapel.

Our curriculum for both age groups, based on the Montessori method of learning, comes from Godly Play, using visual elements to hear Bible stories and then inviting children to express themselves by creating art or building and shaping things.

Attention all parents: we still need snacks and teacher volunteers.

Godly Play is designed for children to both experience God and to find ways to express their faith experiences. The rhythm of Godly Play is more like worship than school and children are able to explore what they have experienced.

Our younger children from ages 3 to 2nd grade will be immersed in the stories of God's care for us, learning the ebb and flow of silence and interacting, of hearing and doing.

The older group, grades 3 to 7, will focus on the gift of creation and how we might think about the needs of the earth while hearing many ways in which people of the Bible carry out acts of love and care in challenging times.

Nursery care is available for children ages two and under and is staffed by two fully vaccinated, fully background-checked adults. Nursery workers will continue wearing masks.

CHILDREN AND YOUTH MUSIC

Joyful Noise will rehearse today in the chapel from 11:10 a.m to 11:40 a.m. No rehearsal on May 28. Our final rehearsal of the year is June 4.

Youth Choir will rehearse today in the youth room from 4:15 p.m. to 5:00 p.m. No rehearsal on May 28. Our final rehearsal of the year is June 4.

CENTER ON THE HILL

The Center on the Hill is open Monday to Friday, 9:00 a.m.–4:00 p.m. with all our practices and protocols in place. New online content is posted Monday to Thursday at 12:00 p.m. on our programs page: chestnuthillpres.org/center-on-the-hill/programs. **Registration is required for all activities and classes** at the Center as space is limited for social distancing. Call 215-247-4654 or email msaavedra@chestnuthillpres.org.

SOUL LINE DANCING *(registration required)*

May 25, 1:30–2:30 p.m., ongoing, last two Thursdays of the month, join any time, \$5
Where can you dance with a room full of people, yet dance by yourself? Get fit and have fun as you line dance to R&B, jazz, hip-hop, the “Philly” sound, classic oldies, the latest soul favorites, and more. This is a simple and easy activity, a feel-good form of exercise. No partner needed. All levels welcome.

STRONG BONES EXERCISE CLASS *(registration required)*

Session 2: May 23–July 11 (no class on June 6 or July 4), 1:00–2:00 p.m.

\$72 for 6-week session or \$15/per class drop in

Did you know that one in two women and one in four men over the age of 50 will have an osteoporosis-related fracture in their remaining lifetime, and that osteoporosis is responsible for 1.5 million fractures a year in the United States? It doesn't have to be this way. Hundreds of clinical studies have indisputably proven that doing the right exercises, improving your balance, and making some lifestyle changes (such as not smoking and improving your diet), are critical factors in building stronger bones. In addition, active lifestyles are associated with reducing the risk of hip fracture by half. This class will include standing and floor exercises to improve postural alignment, balance, and strength. This program is derived from evidence-based research in the field of osteoporosis. Bring your own mat. Other equipment will be provided.

AFTERNOON MOVIES (*registration required*)

Thursday, May 25, 1:30 p.m., \$2

Are you looking for an enjoyable activity that's economical and during the day time so you don't have to drive at night? Are you looking to see a movie in a relaxing setting with easy parking and no long lines? Then join us for an enjoyable afternoon at the movies.

Showing *The Fabelmans*—growing up in post-World War II era Arizona, young Sammy Fabelman aspires to become a filmmaker as he reaches adolescence, but soon discovers a shattering family secret and explores how the power of films can help him see the truth. Directed by Steven Spielberg, this film is semi-autobiographical.

PHILADELPHIA CORPORATION FOR AGING (PCA)

MEET THE ARTISTS RECEPTION

Wednesday May 31, 4:00–6:00 p.m., free, light refreshments served

This show is part of the annual Celebrate the Arts and Aging exhibition around the city of Philadelphia. As the 'Area Agency on Aging,' PCA supports and creates programs designed to foster older adults' quality of life and help them live independently in their community. They know that staying active and engaged is one of the keys to healthy aging. Their goal for 'Celebrate Arts and Aging' is to encourage older people to experience the wealth of artistic possibilities our region has to offer and to showcase the outstanding works of senior artists. For a list of their services go to www.pcaCares.org.

MANAGING CHRONIC ILLNESS (*registration required*)

Thursday, June 1, 11:00 a.m.–12:00 p.m., free

Presented in person, and recorded to be shared online the following week

People managing chronic disease must make life long choices that will enhance their daily routines. These choices do not have to be major or challenging but consistent. The goal of chronic disease self-management is to help people achieve a better quality of life through the understanding of their condition. This approach includes multiple recommendations with input provided by their physician/nurse practitioner. The coordination of treatments, screenings, check-ups, and patient education must be presented to the patient with appropriate follow up. This plan, as followed, can allow patients to enjoy their life with the support of their physicians, nurse and family.