

**WELCOME TO THE PRESBYTERIAN CHURCH OF CHESTNUT HILL!**

**PLEASE SILENCE ALL ELECTRONIC DEVICES  
BEFORE THE BEGINNING OF WORSHIP.**

**Resources for those with special needs are available.** Speak with an usher for assistance.

**If you are a visitor** and would like to meet the ministers, take a tour of the church, ask some questions, or go to coffee hour, please speak with an usher.

**If you need a ride to church,** please call the church office at 215-247-8855.

**If you need pastoral care,** please speak with one of the ministers or call the church office.

**If you need child care,** a nursery for infants and children through age 2 is available before worship in the Strouse building; children age 3 and older should accompany parents to worship and join in the Children's Moment, after which they will be dismissed for the Summer Church School Gathering. Bags with coloring pages and crayons are available in the narthex; please return the bags after the service.

**In case of an emergency,** there are three exit doors behind you in the narthex. If you are sitting near the front of the sanctuary, use the door near the lectern.

**In case of a medical need,** please alert an usher – first aid supplies and a wheelchair are available.

**JOIN US AS WE CELEBRATE  
The Ministry of the Rev. Cynthia A. Jarvis  
Sunday, September 8, 2019**

10:00 am: Morning Worship, Cindy's Final Sermon  
as Minister and Head of Staff followed by High Coffee  
4:30—6:30 pm: Festive Party to bid Cindy Godspeed  
and a Fond Farewell.

Drinks and catered hors d'oeuvres.

And a special presentation by The Crossing Choir.

Reservations are required by August 23, 2019

[ecarpenter@chestnuthillpres.org](mailto:ecarpenter@chestnuthillpres.org) or 215-247-8855.

**CHILDREN AND CINDY'S PARTY**

Several of you have asked if Cindy's festive party will be an adults-only affair. The short answer is yes, the party—what with its anticipated wall-to-wall people, adult beverages, and event space open to the outdoors—is intended for adults. However, if there is enough interest, we are happy to offer a children's pizza party simultaneously (\$10 per child). Please register your children by calling 215-247-8855 or signing up outside the church office before the August 23 deadline.

**PCCH YMGA CAMP**

**August 19-23, 2019, 10:00 am – 2:00 pm, \$125/child**  
**Copies of this information are available in the Narthex or  
outside the church office.**



**PCCH YMGA CAMP**

Yoga, Music, Gardening, and Art Camp at  
The Presbyterian Church of Chestnut Hill  
August 19-23, 2019, 10am-2 pm, \$125 per child\*

Explore the story of Joseph and his colorful coat through  
yoga, music, gardening, and art! Classes are taught by  
professional, caring instructors. Campers ages 3-12 are invited  
to participate. Youth ages 13-18 are invited to serve as camp  
counselors. Register for camp online at

<https://forms.gle/6K2vnzvy41kLQ7aC9>

Campers are asked to bring lunches and water bottles clearly  
labeled with their names. Snacks and all yoga, music,  
gardening, and art materials will be provided!

\*Limited scholarships are available based on need. Please  
contact Austin Shelley, Associate Minister, at  
[ashelley@chestnuthillpres.org](mailto:ashelley@chestnuthillpres.org) for more information or for  
questions regarding registration.

**WE ALL WANT TO KNOW YOUR NAME**

In the spirit of welcome and hospitality, and in anticipation of the arrival of our new senior minister and head of staff, the Session has suggested that we get in the practice of wearing name tags as we greet each other (and visitors!) during morning worship and at coffee hour. Please help us in this process by taking a stick-on name tag from the welcome pad in the pews, or in Widener Hall after the service. Thank you!

*Narthex News*

**August 18, 2019**

**CHURCH SCHOOL AT A GLANCE**

8/18/2019	Room	Teacher	Topic
<b>Birth - 2 Year Olds</b>	Room 101	Debbie Lambeth and Icilda James	God's Care
<b>Pre-K (3-4 Year Olds)</b>	Room 211	Deborah Robinson and Jack Violante	Luke 12:49-56
<b>Kindergarten-Grade 2</b>	Room 205	Sarah Wright and Amanda Raphael	Luke 12:49-56
<b>Grade 3-Grade 5</b>	Room 208	Mark Bernstein and Luke Violante	Luke 12:49-56
<b>Grade 6-7-8</b>	STAY	IN	WORSHIP

**HOW YOU CAN HELP**

**SLOPPY JOES FOR OUR BROTHER'S PLACE**

*Due to the renovations in the church kitchen, we will stop all Sloppy Joe donations until further notice (probably early September). Call the church office if you have any questions.*

**INSPIRE LEARNING: ANNUAL PIHN PRESCHOOL BACKPACK PROJECT**

*Due TODAY, August 18, place in the Reception Room*

Seize on this opportunity to spark a love of learning in children! Our mission partner Philadelphia Interfaith Hospitality Network (PIHN) counts on our congregation to provide back-to-school supplies and backpacks each summer for at least 30 **preschool children** who are experiencing homelessness or who are formerly homeless. What's needed are preschool kids' character

backpacks (smaller than standard size) filled with age-appropriate safety scissors, crayons, washable markers, kid safe glue, construction paper, coloring paper, chalk, stickers, etc. Whatever would make the littlest ones smile and excited about the start of their preschool year, while their parents save their money for even more basic needs. Please drop off filled backpacks in the church office or place them in the far corner of the Reception Room no later than **Sunday, August 18**. The kids will receive the backpacks at PIHN's Annual Back to School Night and BBQ. If you have any questions, please contact Emily Camp-Landis ([emma.camp@gmail.com](mailto:emma.camp@gmail.com)) or call the church office (215-247-8855). Thank you for your help with this fun and important outreach project!

**GERMANTOWN AVENUE CRISIS MINISTRY: Next collection date is Sunday, September 1**

PCCH has been a long-time supporter of Germantown Avenue Crisis Ministry, not only through financial donations but also via volunteerism, holiday gift basket drives, and monthly donations to their food cupboard. We collect food cupboard donations the **first Sunday of each month** at the end of worship. Each week, the GACM food cupboard supplies 50 - 60 households with packages that include both fresh and non-perishable foods. Using prescribed products and quantities, clients are invited into the cupboard to choose the items they need. Packages supply food for 3 days and may be received once within a 30- day period. Please help with your donations of: canned tuna, chicken and meats; rice, pasta, and potato products (not in glass jars); peanut butter; canned vegetables; powdered milk; hearty soups and stews; and hot cereals. The goal is to provide food products with which families can provide complete meals. Thank you for your support!

**THE CHURCH GATHERED**

**MINOR LEAGUE BASEBALL WITH THE LEHIGH VALLEY IRON PIGS**

*Sunday, August 25, 1:30 pm, Coca Cola Park, Allentown PA*

Join us on a family-friendly outing to watch the Lehigh Valley Iron Pigs, Triple-A affiliate of the Philadelphia Phillies, take on the RailRiders of Scranton/Wilkes-Barre. Tickets are \$11.00 each and can be exchanged for any 2019 regular season home game in the event of a rain. We also have parking passes available for \$5.00. Contact Greg Dickinson ([gsdickinson@hotmail.com](mailto:gsdickinson@hotmail.com)) by Friday, August 16 if you are interested in joining us!

**CENTER ON THE HILL ... the place for active adults**

*To register for these programs, unless otherwise indicated, please call Mariangela Saavedra at 215-247-4654 or email [msaavedra@chestnuthillpres.org](mailto:msaavedra@chestnuthillpres.org)*

**SPECIAL NOTE: NO YOGA ON FRIDAYS IN AUGUST!**

Yoga with Attitude, Yoga a Chair and You, and Golden Yoga on Fridays, will be on hiatus for the month of August returning, September 6. If you are looking for Yoga at the Center, there are still classes on Mondays and Wednesdays. See information below:

**AFTERNOON MOVIE**

*Tuesday, August 20, 1:30 pm, \$2 (includes popcorn)*

Are you looking for an enjoyable activity that's economical and during the daytime so you don't have to drive at night? Are you looking to see a movie in an intimate setting with easy parking and no long lines? Then join us for an enjoyable afternoon at the movies.

**Showing-- Stan and Ollie:** Laurel and Hardy, the world's most famous comedy duo, attempt to reignite their film careers as they embark on what becomes their swan song- a theater tour of post-war Britain.

**TREATING NECK PAIN**

*Thursday August 22, 2:00 pm-3:30 pm, Free, Registration Required*

The incidence of neck pain is high and increasing due to our increasing use of computers tablets and smart phones. This seminar will address the common causes of neck pain, what you can do to minimize it and prevent recurrence. Presented by physical therapists who specialized in treating neck/back and joint pain using the McKenzie Method, you will learn how to avoid pills, injections and prolonged visits to the therapist or chiropractor. We will also cover how to set up your workstation to minimize discomfort. **If you suffer from neck/shoulder pain, this seminar is for you.**

**MONTHLY NUTRITION CLASS**

*Monday August 26 (Normally 3rd Mondays of each month), 12:30 pm- 1:30 pm, \$10*

*Please Pre-Register for Class*

Join Kirsten Puskar MS, RDN, LDN, CDE the 3rd Monday each month for the latest nutrition research news. The classes will cover the basics of macronutrients, getting your cells what they really need, how exercise works with carbs, and then meal planning to optimize muscle growth. Fee includes taste-testing snacks!

*Kirsten Puskar, MS, RDN, LDN, CDE is a certified diabetes educator, registered dietitian, and nutrition consultant. Kirsten's passion is helping her patients to eat mindfully and enjoy new recipes and menus they help create. She helps her patients to not dwell on dietary restrictions but to see the many delicious healthy alternatives they already enjoy while helping them take small steps toward forming habits that lead to a healthy lifestyle. It's not about adding years to our lives, but adding life to our years!*

**MONDAY, AUGUST 19**

10:00 am-2:00 pm

6:15 pm

YMGA Camp (Chapel/Strouse)

Yoga (Harris)

**TUESDAY, AUGUST 20**

9:00 am

10:00 am – 2:00 pm

6:30 pm

Organ Practice (Sanctuary)

YMGA Camp (Chapel/Strouse)

CY Board Meeting (Harris)

**WEDNESDAY, AUGUST 21**

7:00 am

10:00 am -2:00 pm

7:00 pm

8:00 pm

Rotary (Widener)

YMGA Camp (Chapel/Strouse)

Watercolor Class (Room 1&2)

Summit Group (Room 3&4)

**THURSDAY, AUGUST 22**

7:45 am

9:00 am

10:00 am – 2:00 pm

10:00 am

7:00 pm

7:00 pm

7:30 pm

BNI Meeting (Melcher)

Organ Practice (Sanctuary)

YMGA Camp (Chapel/Strouse)

Music Monkeys (Preschool)

Adictango Class (Room 3&4)

Scouts Board of Review (Room 5)

Scouts (Room 1&2)

**FRIDAY, AUGUST 23**

9:00 am

10:00 am – 2:00 pm

Organ Practice (Sanctuary)

YMGA Camp (Chapel/Strouse)

**NEXT WEEK AT PCCH**

**SUNDAY, AUGUST 25**

9:00 am

10:00 am

10:20 am

11:15 am

3:00 pm

Soloist Rehearsal (Sanctuary)

Worship (Sanctuary)

Church School (Strouse)

Fellowship (Front Lawn)

Royal Scottish Country Dancers (Chapel)

**THIS WEEK AT PCCH**

**SUNDAY, AUGUST 18**

9:00 am

10:00 am

10:20 am

11:15 am

Soloist Rehearsal (Sanctuary)

Worship (Sanctuary)

Church School (Strouse)

Fellowship (Front Lawn)

**THIS WEEK AT CENTER ON THE HILL**

**MONDAY, AUGUST 19**

9:00 am Nutrition Counseling by Appointment  
(Reception Room)  
9:30 am Sketching and Drawing Class (Room 1&2)  
10:30 am Italian Conversation (Reception Room)  
12:30 pm Bridge Game (Room 5)  
2:00 pm Qigong Class (Room 3&4)  
2:15 pm Gentle Yoga (Harris)  
2:30 pm French Conversation (Room 1&2)

**TUESDAY, AUGUST 20**

9:30 am Meditation Class (Harris)  
9:30 am Watercolor Workshop (Room 1&2)  
1:00 pm Mah Jongg Open Play (Room 5)  
1:30 pm Afternoon Movie (Harris)  
2:30 pm Zumba Gold (Room 3&4)

**WEDNESDAY, AUGUST 21**

10:00 am Tai Chi Level I (Room 3&4)  
11:15 am Tai Chi Level III (Room 3&4)  
11:30 am Bridge Game (Room 1&2)  
12:00 pm Wednesday Diabetes Workshop (Room 5)  
12:30 pm Tai Chi Level II (Room 3&4)  
2:30 pm Golden Yoga (Harris)

**THURSDAY, AUGUST 22**

9:00 am PCCH Bridge Group (Room 1&2)  
9:00 am Qigong Healing Movements (Harris)  
10:00 am Bridge Game (Room 5)  
2:00 pm Treating Neck Pain (Room 1&2)  
4:00 pm Zumba Gold in a Chair (Room 3&4)

**FRIDAY, AUGUST 23**

10:00 am Scrabble Play (Room 5)  
1:00 pm Mah Jongg Open Play (Room 5)  
1:00 pm International Folk Dancing (Room 3&4)