

WELCOME TO THE PRESBYTERIAN CHURCH OF CHESTNUT HILL!

Resources for those with special needs are available. Speak with an usher for assistance.

If you are a visitor and would like to meet the ministers, take a tour of the church, ask some questions, or go to coffee hour, please speak with an usher.

If you need a ride to church, please call the church office at 215-247-8855.

If you need pastoral care, please speak with one of the ministers or call the church office.

If you need child care, a nursery for infants and children through age 2 is available before worship in the Strouse building; children age 3 and older should accompany parents to worship and join in the Children's Moment, after which they will be dismissed for the Church School Gathering. Bags with coloring pages and crayons are available in the narthex; please return the bags after the service.

In case of an emergency, there are three exit doors behind you in the narthex. If you are sitting near the front of the sanctuary, use the door near the lectern.

In case of a medical need, please alert an usher – first aid supplies and a wheelchair are available.

Conversations with Cindy

Emails and hard copy mailings have gone out offering approximately one day per month to gather at the home of a church member to reflect on "all the experiences we have shared, the journeys together, the collaborations, births and deaths...." For newer members, the experiences include the last year or two of their lives; others will remember as far back as Cindy's candidating sermon. But Cindy also wants to help us think about opening our hearts and minds to receive the next shepherd or shepherdess of this flock. Please see the sign-up sheets outside the church office. The next available date is Sunday, April 28 at the home of Beth Vaccaro and Landon Jones.

Narthex News

April 21, 2019

CHURCH SCHOOL AT A GLANCE			
4/21/2019	Room	Teacher	Topic
Birth - 2 Year Olds	Room 101	Debbie Lambeth and Icilda James	God's Care
Pre-K (3-4 Year Olds)	Room 211	Group Church School with Austin Shelley	Isaiah 65, Psalm 118 and John 20
Kindergarten-Grade 2	Room 205	Group Church School with Austin Shelley	Isaiah 65, Psalm 118 and John 20
Grade 3-Grade 5	Room 208	Group Church School with Austin Shelley	Isaiah 65, Psalm 118 and John 20
Grade 6-7-8	STAY	IN	WORSHIP

**THERE WILL BE AN EASTER EGG HUNT ON THE CHURCH LAWN
BETWEEN SERVICES TODAY.
THERE WILL BE A HIGH COFFEE IN WIDENER HALL
AFTER EACH SERVICE.
ALL ARE WELCOME.**

CHILDREN, YOUTH AND FAMILIES

FAITH FORWARD NEWSLETTER FOR CHILDREN AND FAMILIES

Each week, Austin sends a newsletter with photos, Bible stories, resources for teaching children about faith at home, and more to PCCH families. If you have children or grandchildren—or even if you are simply curious about what our children’s ministries are up to—please send an email to ashelley@chestnuthillpres.org requesting that Austin add you to the list of recipients!

3-4-5 GRADE FELLOWSHIP

Saturday, April 27, 7:00 – 9:30 pm: Melody and Comedy Show

Sunday, May 5, 1:00 – 2:30 pm: Church Softball Game

JR. HIGH YOUTH FELLOWSHIP

Saturday, April 27, 7:00 – 9:30 pm: Melody and Comedy Show

Sunday, April 28, 11:45 am – 12:45 pm: Junior High Theology and Pretzels

Sunday, May 5, 1:00 – 2:30 pm: Church Softball Game

SR. HIGH YOUTH FELLOWSHIP

Saturday, April 27, 7:00 – 9:30 pm: Melody and Comedy Performance

Sunday, May 5, 1:00 – 2:30 pm: Church Softball Game

Sunday, May 5, 6:00 – 7:30 pm: Dinner at Cantina Feliz

HOW YOU CAN HELP

GERMANTOWN AVENUE CRISIS MINISTRY: Next collection date is Sunday, May 5.

PCCH has been a long-time supporter of Germantown Avenue Crisis Ministry, not only through financial donations but also via volunteerism, holiday gift basket drives, and monthly donations to their food cupboard. We collect food cupboard donations the **first Sunday of each month** at the end of worship. Each week, the GACM food cupboard supplies 50 - 60 households with packages that include both fresh and non-perishable foods. Using prescribed products and quantities, clients are invited into the cupboard to choose the items they need. Packages supply food for 3 days and may be received once within a 30- day period. Please help with your donations of: canned tuna, chicken and meats; rice, pasta, and potato products (not in glass jars); peanut butter; canned vegetables; powdered milk; hearty soups and stews; and hot cereals. The goal is to provide food products with which families can provide complete meals. Thank you for your support!

OUR BROTHER'S PLACE

Next Sloppy Joe Pick-up Date is Monday, April 29

The Social Witness Committee would like to offer special thanks to all members who continue to help with our outreach at the OBP Shelter. We will continue to provide dinner on the last Sunday of each month, but will no longer send volunteers to serve. **We continue to need monthly donations of sloppy joes** (simple recipe: brown two pounds of ground beef or turkey, add a can of Manwich sauce, freeze flat in a Ziploc bag and bring to the freezer in the Church kitchen).

THE CHURCH GATHERED

THEOLOGY ON TAP

Tuesday, April 23, 7:30 pm, Campbell's Place

Join us in the upper room at Campbell's Place for a beer and conversation. Join Brian and other "Thinkers" for a round of pints and enlightenment. Topic TBN. Any questions, please contact Brian Russo or the church office.

AN EVENING OF MELODY AND COMEDY—TICKETS AVAILABLE TODAY IN WIDENER HALL

Saturday, April 27, Doors open at 7:00 pm, Show Starts at 7:30 pm, \$15 for Adults, \$10 for Children or \$40 per family.



FAMILY KENTUCKY DERBY PARTY

Based on scheduling and logistical conflict, this year's Derby Party originally scheduled for May 4 is being POSTPONED. Please stay tuned for other fun and fellowship events from the Church Life Committee.

PNC UPDATE

The Pastor Nominating Committee continues to press on faithfully toward its one goal: to select a candidate for minister to put before the congregation. As we have reported to you in recent weeks, we are presently working closely with a small number of candidates. We are in regular communication with them, conduct interviews with them, meet with them, and observe them leading worship and preaching. Do these candidates include our next pastor? That we cannot say. Both we and the candidates pray for the guidance of the Holy Spirit as, together, we attempt to discern the will of God for our church. When the time and the signs are right, we will nominate a candidate for minister of PCCH to present to you. Please keep us in your prayers: Mark Bernstein, Laura Brobyn, Emily Camp-Landis, Katie Connelly, Greg Dickinson, Bob Fles, Lyn Huertgen, Landon Jones, Jeff Podraza, Amy Raphael and Harry Spaeth.

THE CHURCH SENT OUT

23RD ANNUAL WALK AGAINST HUNGER—SUPPORT GERMANTOWN AVENUE CRISIS MINISTRY

Saturday, April 27, Check in 8:00 am, Kickoff at 9:30 am, Lincoln Financial Field

Germantown Avenue Crisis Ministry joins communities across Philadelphia to help end hunger one step at a time, both in Northwest Philadelphia and around the region. Hosted by the Philadelphia Coalition Against Hunger, the Walk Against Hunger will support the efforts of Germantown Avenue Crisis Ministry and hundreds of other agencies to eradicate hunger in our community. To register to walk, go to <http://www.hungercoalition.org/> Use discount code FOODS for a \$5.00 registration fee. For more information about the Walk Against Hunger and how you can support Germantown Avenue Crisis Ministry, contact Hope Primas at hprimas@crisisministry.org or call 215-843-2340.

FACE TO FACE PREP DATES

Future dates for Prep only (9:30 am – 1:00 pm) are Saturday, May 18 and Saturday, June 22, 2019

The Social Witness Committee is happy to inform the congregation that our service at Face to Face is doing extremely well. All are welcome to join us. Face to Face is a well rooted, well managed community service organization located in Germantown, just 15 minutes from church. It provides various services to area residents. Face to Face also provides them with meals—and this is where PCCH is helping out. There is a sign-up sheet on the table below the Social Witness bulletin board outside the church office. Those who would like to involve themselves in this service opportunity should contact Beth Vaccaro (bethnellvaccaro@gmail.com).

2ND ANNUAL WEST KENSINGTON MINISTRY GOLF OUTING

*Friday, May 31, Sign-In/Lunch starting at 11:30/12:00 noon, 1:00 pm Shot-Gun Start
Jeffersonville Golf Club (a Donald Ross Course and Top 10 PA Public Course), Donation \$150/player*

West Kensington Ministry thanks you for your support at last year's outing and looks forward to seeing you again this May 31 at Jeffersonville Golf Club. Suzan Willcox (sewillcox@comcast.net) and Alison Rudolf (alisonrudolf@verizon.net) are looking for two players to make a PCCH foursome. See the flyer on the bulletin board for further information on sponsorship opportunities

or to register go to the West Kensington Ministry website: www.westkensingtonministry.com, scroll to the bottom of the home page and click on the “Donate Today” button.

CENTER ON THE HILL ... *the place for active adults*

To register for these programs, unless otherwise indicated, please call Leslie Lefer at 215-247-4654 or email msaavedra@chestnuthillpres.org

COMMUNITY LUNCHEON

Tuesday April 23, 12:00 pm, \$9. Please pay at the door. Register by calling 215-247-4654.

IMPORTANT: REGISTRATIONS RECEIVED AFTER THE FRIDAY BEFORE THE LUNCHEON OR THE DAY OF THE LUNCH, WILL BE CHARGED \$12.

Where else in the community can you go for lunch where you'll see both familiar and new faces, where the atmosphere is relaxed and welcoming, where the food is consistently good and served by a wonderful corps of volunteers, where you can stay as long as you like, and where it only costs you nine dollars? Our large room is full of round tables, which are simply decorated and set with white linens and real dishes. Join us at the ever popular Community Luncheon.

NAME THAT TUNE

A fun and interactive approach to Music Appreciation

April 23, May 21, June 18, 1:30 pm-2:30 pm, Free

Do you love music? Do you wish you knew a little more about some of your favorite songs? Join us for a fun and interactive music appreciation class this spring! Your instructor Michael Kraus, will guide you through monthly lessons featuring popular songs from the past. Learn about the musical roots of songs you have known since childhood, and songs you still love to sing along with today. These classes will be entertaining, engaging, educational and fun! Can you Name That Tune? Come and find out!

WHAT IS PHYSICAL THERAPY AND HOW CAN IT HELP

Thursday, April 25, 1:30 pm-2:30 pm, Free

Physical Therapist, Dr. Luke Pedersen, will talk about what diagnoses and problems PT helps solve (hint: it's not just for after surgery or a car accident). Learn common conservative treatments and techniques as well as PT's role in managing pain, injuries, and overall health and wellness. You will practice and leave with some simple exercises and movements you can do on your own to help alleviate pain, move better, and feel better. This class will conclude with a Question and Answer session.

FUNCTIONAL MOVEMENT

Monday's every other week /April 29-June 24, 10:00 am-11:00 am, \$12 per class Drop in anytime, Pre-Registration is requested

Self-massage is a vital but often overlooked aspect of relieving pain and stress held in your body. This focused and fun class will incorporate using hands to rub the body, along with using body movement, to release tension and improve flexibility, joint pain and blood circulation. Using some Yoga techniques, along with massage and breath exercises this class will teach you how to focus on your movement in the moment to feel stronger and more energized in your daily life. This class is recommended for adults of all ages and abilities.

UNDERSTANDING THYROID PROBLEMS

Monday, April 29, 12:30 pm-1:30 pm, Free, Registration required

The thyroid gland regulates the body's metabolism and growth. Did you know that an imbalance

in hormone levels may cause fatigue, sudden changes in weight, sweating and trouble sleeping? Thyroid disease affects an estimated 20 million Americans, many of whom are unaware. Join Melissa Mao, MD, from Chestnut Hill Hospital, to learn more about various thyroid and endocrinology disorders, symptoms and treatments.

METHODS OF MEDITATION

Wednesdays May 1, 8, 15, 22, 29, 3:00 pm-4:30 pm, \$40 for 5 Sessions or \$10 per class

Effective meditation depends on choosing, from the many different methods available, the technique and intensity of practice that is right for you. Explore the various ways in which a meditation practice can be personalized. If you need external aides, do you favor audio or visual input? Learn about and experience mantra, visualization, breathing, basic yoga/tai-chi/chi-gong movement methods, and engage in introspection to determine how you can best maintain a practice. Bring a notebook to class.

WITH OUR NEIGHBORS

FAIRMOUNT STRING QUARTET CONCERT – RED, WHITE AND BLUE

Friday, April 26, 8:00 pm, in the Chapel

The Fairmount String Quartet performs American, English and French works. The program includes Higdon *Sky Quartet*, Vaughn Williams *Prelude on "Rhosymedre"* and Debussy *String Quartet in G minor, Op. 10*. Admission is free; suggested donation adults \$25, students \$5.

THIS WEEK AT PCCH

SUNDAY, APRIL 21

8:00 am
9:00 am
9:20 am
10:00 am
10:15 am
11:00 am
11:20 am
12:00 pm

EASTER SUNDAY

Gallery Choir Rehearsal (Sanctuary)
Worship (Sanctuary)
Church School (Strouse)
Fellowship (Widener)
Easter Egg Hunt (Front Lawn)
Worship (Sanctuary)
Church School (Strouse)
Fellowship (Widener)

MONDAY, APRIL 22

3:30 pm
4:00 pm
7:00 pm
7:00 pm

OFFICE CLOSED FOR THE HOLIDAY

Girlchoir Rehearsal (Room 3&4)
Girlchoir Rehearsal (Choir Room/Sanctuary)
PNC Meeting (Harris)
Philomusica (Widener)

TUESDAY, APRIL 23

9:00 am
11:30 am
6:00 pm
6:30 pm
7:00 pm
7:00 pm
7:15 pm
7:30 pm

Organ Practice (Sanctuary)
Community Luncheon (Widener)
Girlchoir Rehearsal (Choir Room)
CY Finance Meeting (Harris)
Northern District Boy Scouts (Room 5)
Well Spouse Support Group (Room 1&2)
Royal Scottish Country Dancers (Chapel)
Theology on Tap (Campbell's Place)

WEDNESDAY, APRIL 24

7:00 am
11:00 am
5:30 pm
7:00 pm
8:00 pm

Rotary (Widener)
Bible Study (Harris)
Girlchoir Rehearsal (Choir Room/Sanctuary)
Watercolor with Marcia Jones (Room 1&2)
Summit Group (Room 3&4)

THURSDAY, APRIL 25

7:45 am
9:00 am
9:30 am
9:30 am
6:30 pm
7:00 pm
7:30 pm
7:30 pm

BNI Meeting (Melcher)
Organ Practice (Sanctuary)
Music Monkeys (Chapel)
Outdoor Gardeners Board (Melcher)
Cub Scouts (Widener)
Scouts Board of Review (Room 5)
Gallery Choir Rehearsal (Choir Room)
Boy Scouts (Room 1&2)

FRIDAY, APRIL 26

9:00 am	Organ Practice (Sanctuary)
9:30 am	Music Monkeys (Chapel)
3:00 pm	Folk Dancing Movie " <i>Roy Orbison</i> " (Harris)
5:30 pm	Melody and Comedy Rehearsal (Widener)
8:00 pm	Fairmount String Quartet Concert (Chapel)

SATURDAY, APRIL 27

7:00 pm	Melody and Comedy Show (Widener)
7:00 pm	Royal Scottish Country Dancers (Chapel)

NEXT WEEK AT PCCH

SUNDAY, APRIL 28

9:00 am	Gallery Choir Rehearsal (Sanctuary)
10:00 am	Worship (Sanctuary)
10:20 am	Church School (Strouse)
11:00 am	Church School Sings (Chapel)
11:00 am	Youth Choir (Youth Room)
11:15 am	Fellowship (Widener)
11:30 am	New Member Class (Melcher)
11:45 am	Jr. High Fellowship (Theology & Pretzels)
5:30 pm	Conversations with Cindy (Vaccaro/Jones Home)

THIS WEEK AT CENTER ON THE HILL

MONDAY, APRIL 22

CENTER CLOSED FOR THE HOLIDAY

TUESDAY, APRIL 23

9:30 am	Watercolor Workshop (Room 1&2)
10:30 am	Spanish Lessons (Room 5)
1:00 pm	Writing Your Life Story (Room 1&2)
1:30 pm	Name That Tune (Harris)
2:30 pm	Zumba Gold (Room 3&4)

WEDNESDAY, APRIL 24

10:00 am	Tai Chi Level One (Room 3&4)
11:15 am	Tai Chi Level Three (Room 3&4)
11:30 am	Bridge Game (Room 1&2)
12:00 pm	Wednesday Diabetes Workshop (Widener)
12:30 pm	Tai Chi Level Two (Room 3&4)
1:00 pm	Basics of Android Phone Scams (Harris)
2:30 pm	Golden Yoga (Harris)

THURSDAY, APRIL 25

9:00 am	Qigong Class (Harris)
9:00 am	PCCH Bridge Group (Room 1&2)
9:30 am	Medicare Counseling (Reception Room)
10:00 am	Bridge Game (Room 5)
11:30 am	Glass Mosaic Art Class (Room 3&4)
1:30 pm	Sleeping Mats for the Homeless (Widener)
4:00 pm	Zumba Gold in a Chair (Room 3&4)

FRIDAY, APRIL 26

9:30 am	Yoga with Attitude (Harris)
10:00 am	Scrabble Play (Room 5)
11:00 am	Private Mah Jongg Group (Room 1&2)
11:30 am	Yoga, A Chair and You (Harris)
1:00 pm	International Folk Dancing (Room 3&4)
1:00 pm	Mah Jongg Open Play (Room 5)
2:30 pm	Golden Yoga (Harris)