

WELCOME TO THE PRESBYTERIAN CHURCH OF CHESTNUT HILL!

**PLEASE SILENCE ALL ELECTRONIC DEVICES
BEFORE THE BEGINNING OF WORSHIP.**

Resources for those with special needs are available. Speak with an usher for assistance.

If you are a visitor and would like to meet the ministers, take a tour of the church, ask some questions, or go to coffee hour, please speak with an usher.

If you need a ride to church, please call the church office at 215-247-8855.

If you need pastoral care, please speak with one of the ministers or call the church office.

If you need child care, a nursery for infants and children through age 2 is available before worship in the Strouse building; children age 3 and older should accompany parents to worship and join in the Children’s Moment, after which they will be dismissed for the Summer Church School Gathering. Bags with coloring pages and crayons are available in the narthex; please return the bags after the service.

In case of an emergency, there are three exit doors behind you in the narthex. If you are sitting near the front of the sanctuary, use the door near the lectern.

In case of a medical need, please alert an usher – first aid supplies and a wheelchair are available.

Narthex News

November 11, 2018

CHRISTMAS EVE PAGEANT SIGN-UP

All children are invited! If you wish to participate in the Christmas Eve Pageant on December 24 at 4:30 pm, please see the sign-up sheet on the bulletin board outside the church office. The last day to sign up is Sunday, December 2. There will be a mandatory pageant rehearsal on Sunday, December 9 immediately following worship. Any questions please see either Austin Shelley or Brian Russo or contact the church office.

CHURCH SCHOOL AT A GLANCE

11/11/2018	Room	Teacher	Topic
Birth - 2 Year Olds	Room 101	Debbie Lambeth and Icilda James	God’s Care
Pre-K (3-4 Year Olds)	Room 211	Linnea Johnson and Emilyanne Shelley	Godly Play
Kindergarten-Grade 2	Room 205	Brenda Phillips and Amanda Raphael	What We Give to God
Grade 3–Grade 5	Room 208	Mark Bernstein and Nicole Huertgen	What We Give to God
Grade 6-7	STAY	IN	WORSHIP

Conversations with Cindy

Emails and hard copy mailings have gone out offering approximately one day per month to gather at the home of a church member to reflect on “all the experiences we have shared, the journeys together, the collaborations, births and deaths....” For newer members, the experiences include the last year or two of their lives; others will remember as far back as Cindy’s candidating sermon. But Cindy also wants to help us think about opening our hearts and minds to receive the next shepherd or shepherdess of this flock.

Please see the sign-up sheets outside the church office. The next gathering is on November 11.

CHILDREN, YOUTH AND FAMILIES

SAVE THE DATE: COCO AND CONVERSATION

Sunday, November 25: 5:00 pm – 7:00 pm: Potluck supper and pajama party for all PCCH children and their families. Invite a friend to join you for the fun! Parents will gather for conversation while children enjoy the movie. For questions or information contact Austin Shelley.

3-4-5 FELLOWSHIP

Sunday, December 2: 11:30 am – 1:00 pm: Gather after church to bake cookies for our homebound members and play games.

JR. HIGH YOUTH FELLOWSHIP

Sunday, November 11: 2:30 pm – 6:00 pm: Worship and Fellowship at West Kensington Ministry

Sunday, November 18: 5:00 pm – 6:00 pm: Thanksgiving Service Project

Sunday, November 25: No Fellowship, Thanksgiving Weekend

Sunday, December 2: 11:30 am – 12:30 pm: Brunch and Discussion at Iron Hill Brewery

SR. HIGH YOUTH FELLOWSHIP

Sunday, November 11: 2:30 pm – 6:00 pm: Worship and Fellowship at West Kensington Ministry

Sunday, November 18: 6:00 pm - 7:30 pm: Black Mirror watch, discussion and pizza

Sunday, November 25: No Fellowship, Thanksgiving Weekend

Sunday, December 2: 5:00 pm – 7:30 pm: Escape the Room event and Dinner in Chestnut Hill

THE CHURCH GATHERED

SECOND HOUR @ PCCH

Sunday, November 11, 11:30 am Reception Room

The Future of Journalism and the Future of Journalists

Jeff Jarvis, Director of the Tow-Knight Center for Entrepreneurial Journalism, Craig Newmark Graduate School of Journalism at City University of New York, blogger (buzzmachine.com), frequent media commentator on NPR, BBC and MSNBC, author most recently of *Geeks Bearing Gifts* and Cindy's brother will engage us in a conversation on the current and future state of journalism in the United States.

Sunday, November 18, 11:30 am Widener Hall

Living Abundantly Sharing Celebration Pancake Brunch

After a month of interpretation and invitation, we will bring our pledges forward during the last hymn and then fill the long tables of Widener Hall to celebrate with the best pancakes and little stickiest fingers ever.

HOW YOU CAN HELP

GERMANTOWN AVENUE CRISIS MINISTRY THANKSGIVING BASKET PROGRAM

Due November 11, place bags in the Reception Room

(Last delivery date is November 18)

The Social Witness Committee is once again supporting Germantown Avenue Crisis Ministry's Thanksgiving basket program. GACM, a long-time mission partner of ours, provides food, fuel, clothing, housing, and other emergency assistance to Northwest Philadelphia individuals and families in need, and helps them on the road to self-sufficiency.

Bags with a list of requested donations will be distributed starting Sunday, November 4 in church school and at coffee hour, and will have a shopping list attached for your convenience! Suggested items are as follows:

Meat: Turkey, turkey breast, roasting chicken (place in freezer in kitchen)

Vegetables: Beans, peas, greens, etc.

Starch: Rice, potatoes, yams, corn, stuffing, boxed macaroni & cheese

Dessert: cake mix & icing, cookie or brownie mix, jello, pie crust and filling

Other: Cranberry sauce, gravy, bread, dry or shelf-stable milk

Always welcome (since it's a great time to restock their food cupboard!): Hearty soups & proteins (tuna, beef stew, peanut butter)

No glass jars, please!

If you choose to donate via check, A \$35 gift can provide a holiday basket. Make checks payable to Germantown Avenue Crisis Ministry. GACM also needs volunteers to help assemble Thanksgiving packages for families.

If possible, please have your filled bags back to church by **Sunday, November 11**, but no later than Sunday, November 18. PCCH's response to this offering has always been overwhelming (upwards of 80-90 bags of food donated!) and greatly appreciated by GACM, and we appreciate your support in making Thanksgiving possible and special for these families!

Thank you all!

THE CHURCH SENT OUT

EMPTY BOWL DINNER 2018

Wednesday, November 14, three seatings: 4:00 pm, 5:30 pm, and 7:00 pm, United Lutheran Seminary, Brossman Center Benbow Hall, 7301 Germantown Avenue, Philadelphia, Minimum Donation: Adults \$25, Students and Children \$10. To purchase tickets www.philashelter.org or call 215-247-4663, ext. 137.

United Lutheran Seminary proudly hosts the 20th annual Empty Bowl Dinner to benefit Philadelphia Interfaith Hospitality Network. With the help of over 300 volunteers, this fundraising event advances PIHN's mission to find lasting solutions to family homelessness and its underlying causes. Come enjoy family-friendly activities and live entertainment. For your donation you receive a free handcrafted bowl and enjoy an all-you-can-eat feast of fresh soups, breads and desserts. At the end of your meal, you leave with the empty bowl as a reminder that every night in the city of Philadelphia 1,000 children go without a meal or a place to call home.

OUR BROTHER'S PLACE

Next Sloppy Joe Pick-up Date is Monday, November 26

The Social Witness Committee would like to offer special thanks to all members who continue to help with our outreach at the OBP Shelter. We will continue to provide dinner on the last Sunday of each month, but will no longer send volunteers to serve. **We continue to need monthly donations of sloppy joes** (simple recipe: brown two pounds of ground beef or turkey, add a can of Manwich sauce, freeze flat in a Ziploc bag and bring to the freezer in the Church kitchen).

FACE TO FACE

Future date for Prep and Serve is Saturday, December 15.

The Social Witness Committee is happy to inform the congregation that our service at Face to Face is doing extremely well. All are welcome to join us. Face to Face is a well rooted, well managed community service organization located in Germantown, just 15 minutes from church. It provides various services to area residents. Face to Face also provides them with meals—and this is where PCCH is helping out. There is a sign-up sheet on the table below the Social Witness bulletin board outside the church office. Those who would like to involve themselves in this service opportunity should contact Melissa Montgomery (melissamon70@yahoo.com) or Beth Vaccaro (bethnellvaccaro@gmail.com).

CENTER ON THE HILL ... *the place for active adults*

To register for these programs, unless otherwise indicated, please call Leslie Lefer at 215-247-4654 or email llefer@chestnuthillpres.org

CHINESE MEDICINAL CONCEPTS OF FOOD, HEALTH AND SOCIAL LIVING

Monday, November 12, 11:00 am – 12:00 pm, \$3 per person

Come and enjoy tasting healthy recipes of fall vegetables and learn about food as medicine and how we can stay balanced as the days grow dryer, shorter, and colder. Participants will enjoy sampling tasty recipes and receive handouts of easy recipes. Learn about eating food that lubricates to protect our lungs as the seasons change. Come hear thoughts about Chinese medicine, staying healthy, and sample something tasty!

WORLD WAR II: FROM HOMEFRONT TO FRONTLINE

Tuesday, November 13, 1:30 pm – 3:30 pm, \$10 per person

World War II changed the lives of Americans serving overseas, but it also impacted those remaining home. This multimedia talk will illustrate the war's influence on homefront culture, connect concurrent events abroad, and explore limited modes of communication available in the 1940s to unite these two worlds. Listen to Glenn Miller's "special sound," admire war effort fashion, save your ration stamps, and join our servicemen and women in the European, Pacific, and African theaters.

NUTRITION AND BONE HEALTH

Thursday, November 15, 11:00 am – 12:00 pm, \$5 per person

Bone health is important as we age and diet and lifestyle play a critical role. While women are often more impacted by decreasing bone density due to hormonal shifts, men are also at risk. In this class, you'll learn about contributors to bone loss, foods to support strong bones and you'll be able to ask yourself pertinent bone health questions. Wendy Romig, MS, CNS, LDN of Sage Integrative Health Center will lead this important discussion.

MEDICARE QUESTIONS & ANSWERS

Thursday, November 15, 1:30 pm – 3:00 pm, Free

Whether you are new to Medicare or want news about Medicare, you can have answers to your questions by attending a free, unbiased meeting with Barbara Rutberg. Barbara is a volunteer with the APPRISE program which is part of the Pennsylvania Department for Aging and Adult Services and SHIP (State Hospital Insurance Program). She will answer your questions about when to enroll in Medicare, what Medicare costs and what it covers, Medicare Supplemental Insurance, Medicare Prescription Plans, Medicaid, and how to get help to pay for Medicare. From parts and plans and cost-sharing, to formularies, tiers and coverage gaps, Barbara will break Medicare down into bite-size chunks that you can understand.

LUMPS AND BUMPS

Monday, November 19, 12:30 pm – 1:30 pm, Free

Lumps and bumps are part of life, but when should you worry? Is a cancer lump soft or hard? What's this bump behind my knee? Get answers to these and your own questions from Mark LiBassi, M.D., general surgeon, Chestnut Hill Surgical Associates. Learn about cysts – the most common cause of bumps— and where they are likely to show up. Find out the characteristics of not-so-serious lumps and whatsigns may indicate a more serious problem.

WITH OUR NEIGHBORS

PENNSYLVANIA GIRLCHOIR HOLIDAY CONCERT

Saturday, December 1, 6:00 pm and Sunday, December 2, 3:00 pm in the Sanctuary

For program, tickets and questions, please go to www.pennsylvaniagirlchoir.org or call 215-247-6901.

TEMPESTA DI MARE AND PCCH GALLERY CHOIR CONCERT

Friday, December 7, 8:00 pm in the Sanctuary

Handel's *Messiah* in its original version as premiered in Dublin in 1742. Handel's choral masterpiece as he first conceived it: intimate, fresh and passionate. Performed by the Tempesta di Mare orchestra, soloists and the PCCH Gallery Choir. For tickets and information: www.tempestadimare.org or call 215-755-8776

CHILDREN'S MUSIC EXPRESS

Now accepting enrollment for the winter session which begins in January 2019, Burleigh Cruikshank Chapel, Thursdays, 9:30 am and Fridays, 10:00 am

Children's Music Express is a parent and child program offering interactive music, movement, and mindfulness classes for children, birth to 5 years of age! Kids and families will engage in fun traditional, culturally diverse and original sing-a-longs, creative movement and dancing activities, exploring with sound, pitch and rhythm, finger plays, instrument play, and so much more!! We offer a balanced approach to structure and free flow play, so parents and their little ones can soak up all of the benefits and learning with ease and joy. Contact Tammy Keorkunian at 215-275-5594; tammy@childrensmusicexpress.com or www.childrensmusicexpress.com.

THIS WEEK AT PCCH

SUNDAY, NOVEMBER 11

9:00 am Gallery Choir Rehearsal (Sanctuary)
 10:00 am Worship (Sanctuary)
 10:15 am Church School (Strouse)
 11:15 am Church School Sings (Chapel)
 11:15 am Youth Choir Rehearsal (Choir Room)
 11:15 am Fellowship (Widener)
 11:30 am 2nd Hour: Jeff Jarvis, **Journalism** (Widener)
 12:00 pm Souls Shot Exhibit Hours (Widener)
 2:30 pm Jr & Sr High Worship and Fellowship at
 West Kensington Ministry
 3:00 pm Personnel Committee (Cindy's Office)
 5:00 pm Conversations with Cindy (Kaufman Home)
 7:00 pm Your Energy MALT Program (Harris)

MONDAY, NOVEMBER 12

3:30 pm Girlchoir Rehearsal (Room 3&4)
 4:00 pm Girlchoir Rehearsal (Choir Room/Sanctuary)
 6:15 pm Yoga (Melcher)
 7:00 pm Finance Committee (Harris)
 7:00 pm Philomusica Rehearsal (Widener)
 7:00 pm Mostly Waltz (Chapel)

TUESDAY, NOVEMBER 13

9:00 am Organ Practice (Sanctuary)
 6:00 pm Girlchoir Rehearsal (Choir Room)
 7:00 pm Zentangle Class (Room 3&4)
 7:15 pm Royal Scottish Country Dancers (Chapel)
 7:30 pm Session (Melcher)

WEDNESDAY, NOVEMBER 14

7:15 am Rotary (Widener)
 11:00 am Bible Study (Harris)
 4:30 pm Yoga with Martha Agate (Harris)
 5:30 pm Girlchoir Rehearsal (Choir Room/Sanctuary)
 6:00 pm Souls Shot Exhibit Hours (Widener)
 7:00 pm PNC Meeting (Melcher)
 8:00 pm Summit Group (Room 3&4)

THURSDAY, NOVEMBER 15

7:45 am BNI Meeting (Widener)
 9:00 am Organ Practice (Sanctuary)
 9:30 am Music Monkeys (Chapel)
 9:30 am Clergy Discussion Group (Reception Room)
 9:30 am Interfaith Meeting (Melcher)
 5:00 pm Penn Mindfulness (Chapel)
 6:30 pm Cub Scouts (Widener)
 7:00 pm MALT WordPress Class (Room 5)
 7:30 pm Boy Scouts (Room 1&2)
 7:30 pm Gallery Choir Rehearsal (Choir Room)

FRIDAY, NOVEMBER 16

8:30 am Mastery Charter School (Melcher)
 9:00 am Organ Practice (Sanctuary)
 9:30 am Music Monkeys (Chapel)
 7:30 pm Adictango Social Dance (Widener)

SATURDAY, NOVEMBER 17

8:00 am Girlchoir Rehearsal (Sanctuary/Widener/
 Chapel/Choir Room/Room 3&4)
 1:00 pm Flower Guild (Sanctuary/Kitchen/Widener)

NEXT WEEK AT PCCH

SUNDAY, NOVEMBER 18

9:00 am STEWARDSHIP COMMITMENT SUNDAY
 Gallery Choir Rehearsal (Sanctuary)
 10:00 am Worship (Sanctuary)
 10:15 am Church School (Strouse)
 11:00 am Stewardship Pancake Brunch (Widener)
 11:30 am Music & Arts Committee (Harris)
 12:00 pm Souls Shot Exhibit Hours (Widener)
 5:00 pm Jr. High Thanksgiving Service Project
 6:00 pm Sr. High Black Mirror Discussion and Pizza

THIS WEEK AT CENTER ON THE HILL
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MONDAY, NOVEMBER 12

9:30 am	Sketching and Drawing Class (Room 1&2)
10:30 am	Intermediate/Advanced Italian (Reception Rm)
11:00 am	Chinese Medicinal Concepts (Harris)
12:30 pm	Bridge Play (Room 5)
1:00 pm	Basic Knitting for Beginners (Room 1&2)
2:00 pm	Qigong (Room 3&4)
2:15 pm	Gentle Yoga (Harris)
2:30 pm	French Conversation (Room 1&2)

TUESDAY, NOVEMBER 13

9:30 am	Watercolor Workshop (Room 1&2)
9:30 am	Mindfulness Practice (Reception Room)
10:00 am	MALT Internet and Email Room 5)
1:30 pm	World War II Program (Harris)
2:30 pm	Zumba Gold (Room 3&4)

WEDNESDAY, NOVEMBER 14

10:00 am	Tai Chi Chuan, Level I (Room 3&4)
11:15 am	Tai Chi Chuan, Level III (Room 3&4)
11:30 am	Bridge Game (Room 1&2)
12:00 pm	Diabetes Workshop (Room 5)
12:30 pm	Tai Chi Chuan, Level II (Room 3&4)
1:00 pm	Basics of Your Android Phone (Harris)
1:00 pm	Wednesday Writing Group (Reception Room)
2:30 pm	Golden Yoga (Harris)

THURSDAY, NOVEMBER 15

9:00 am	PCCH Bridge Group (Room 1&2)
9:00 am	Qigong Class (Harris)
10:00 am	Bridge Game (Room 5)
11:00 am	Nutrition and Bone Health (Harris)
1:30 pm	Medicare Questions & Answers (Room 1&2)
1:30 pm	Sleeping Mats for the Homeless (Widener)
4:00 pm	Zumba Gold in a Chair (Room 3&4)

FRIDAY, NOVEMBER 16

9:30 am	Yoga with Attitude (Harris)
10:00 am	Scrabble (Room 5)
10:00 am	Strengthen Your Voice (Choir Room)
11:30 am	Yoga, A Chair and You (Harris)
1:00 pm	International Folk Dancing (Room 3&4)
1:00 pm	Mah Jongg Open Play (Room 5)
2:30 pm	Golden Yoga (Harris)