

WELCOME TO THE PRESBYTERIAN CHURCH OF CHESTNUT HILL!

**PLEASE SILENCE ALL ELECTRONIC DEVICES
BEFORE THE BEGINNING OF WORSHIP.**

Resources for those with special needs are available. Speak with an usher for assistance.

If you are a visitor and would like to meet the ministers, take a tour of the church, ask some questions, or go to coffee hour, please speak with an usher.

If you need a ride to church, please call the church office at 215-247-8855.

If you need pastoral care, please speak with one of the ministers or call the church office.

If you need child care, a nursery for infants and children through age 2 is available before worship in the Strouse building; children age 3 and older should accompany parents to worship and join in the Children's Moment, after which they will be dismissed for the Summer Church School Gathering. Bags with coloring pages and crayons are available in the narthex; please return the bags after the service.

In case of an emergency, there are three exit doors behind you in the narthex. If you are sitting near the front of the sanctuary, use the door near the lectern.

In case of a medical need, please alert an usher – first aid supplies and a wheelchair are available.

Narthex News

September 9, 2018

CHURCH SCHOOL AT A GLANCE

9/9/2018	Room	Teacher	Topic
Birth - 2 Year Olds	Room 101	Ms. Debbie and Ms. James	God's Care
Pre-K (3-4 Year Olds)	Room 211	Deborah Robinson and Christen Webber	Godly Play
Group Class: K through Grade 5	Room 205	Allison DeCaro and Claire and Emily Camp-Landis	Proverbs 22
Grade 6-7	STAY	IN	WORSHIP

CHILDREN, YOUTH AND FAMILIES

JR. HIGH YOUTH FELLOWSHIP

Sunday, September 9: 10:00 am – 12:00 pm: Brian's ordination service and party

Sunday, September 16: 5:00 – 6:00 pm: Jr. High fellowship opening night

Sunday, September 23: 5:30 pm – 7:00 pm: Joint Youth Group: capture the flag

SR. HIGH YOUTH FELLOWSHIP

Sunday, September 9: 10:00 am – 12:00 pm: Brian's ordination service and party

Sunday, September 16: 6:00 – 7:15 pm: Youth Group opening night

Sunday, September 23: 11:45 am – 12:45 pm: Theology and Pretzels: Brunch at Iron Hill

Sunday, September 23: 5:30 pm – 7:00 pm: Joint Youth Group: capture the flag

Sunday, September 30: 8:00 am – 4:00 pm: Service Project: Habitat for Humanity (Framing Day on our Church Lawn)

THE CHURCH GATHERED

SPEAKER SERIES ON THE HILL

Thursday, September 13, 12:00 pm Brown-bag lunch, 12:30 pm Presentation begins, \$5 suggested donation (dessert and beverages provided)

SPEAKER: Dr. Mauricio Garrido – Cardiac Surgery in 2018. Effective, Efficient and Thoughtful Dr. Garrido is a graduate of Yale University School of Medicine and has been the Attending Physician, Division of Cardiothoracic Surgery and Surgical Director, Cardiothoracic Intensive Care Unit at Abington Hospital since 2007. In this session, he will provide an overview of the field of cardiac surgery today and some of the fascinating things we're learning about how teams can provide highly reliable care each and every day.

VOLUNTEERS NEEDED FOR HOMECOMING SUNDAY

The Hospitality Committee needs some help on Homecoming Sunday. We need people (3-5) to help set up tables and ready them with tablecloths and centerpieces. Our master griller (Bill Murphy) will be away so we need 3 volunteers to grill hot dogs and hamburgers. Last but not least, those willing to assist with clean up would be much appreciated. A sign-up sheet is on the bulletin board outside the church office.



HOMECOMING SUNDAY 2018

SUNDAY, SEPTEMBER 16

10:00 A.M. SERVICE OF WORSHIP

10:15 A.M. CHURCH SCHOOL BEGINS

11:30 A.M. LUNCH-ON-THE-GROUNDS

This is the Sunday when we are together again! The pews will be filled with young and old, new and returned, curious and committed congregants. The air will be filled with thanksgiving and our hearts will be filled with gratitude for the gift of a God on whom to call.

Fifty-year members and New Members will be honored during the service and will be our guests for lunch. Visit the Reception Room for your carnation and name tag prior to worship.

Following worship and church school, we will gather on the lawn for burgers, provided by the church, and side dishes, provided by you. A sign-up sheet is on the bulletin board outside the church office. We need potato salad, pasta salad, green salad, fruit salad, deviled eggs, veggie trays and baked beans. We would like someone to place their name by each type of food so that we get enough of the most popular items. Cookies, ice cream sundaes and beverages will also be provided. A donation of \$5.00 for adults and \$2.00 for children is requested.

SECOND HOUR @ PCCH

Sunday, September 23, 11:30 am, Reception Room

Leaving Home Part II

While we celebrate coming home to the places where we live after a summer vacation or coming home to the church after a season away, the United Nations Refugee Agency reports that there are 68.5 million people who have been forced to leave their homes this year, more than any other since World War II. The majority remain homeless in their own countries but 25.4 million have fled to other countries as refugees. How are people of faith responding to this crisis? The Adult Education Committee invites you to a conversation with HIAS (Hebrew Immigrant Aid Society), one of the few faith-based agencies to survive in the face of our nation's changing attitude toward refugees.

THE CHURCH SENT OUT

OUR BROTHER'S PLACE

Next Sloppy Joe Pick-up Date is Monday, September 24

The Social Witness Committee would like to offer special thanks to all members who continue to help with our outreach at the OBP Shelter. We will continue to provide dinner on the last Sunday of each month, but will no longer send volunteers to serve. **We continue to need monthly donations of sloppy joes** (simple recipe: brown two pounds of ground beef or turkey, add a can of Manwich sauce, freeze flat in a Ziploc bag and bring to the freezer in the Church kitchen).

FACE TO FACE

Next serving date for Prep only is Saturday, September 29

The Social Witness Committee is happy to inform the congregation that our service at Face to Face is doing extremely well. All are welcome to join us. Face to Face is a well rooted, well managed community service organization located in Germantown, just 15 minutes from church. It provides various services to area residents. Face to Face also provides them with meals—and this is where PCCH is helping out. There is a sign-up sheet on the table below the Social Witness bulletin board outside the church office. Those who would like to involve themselves in this service opportunity should contact Melissa Montgomery (melissamon70@yahoo.com) or Beth Vaccaro (bethnellvaccaro@gmail.com).

CENTER ON THE HILL ... *the place for active adults*

To register for these programs, unless otherwise indicated, please call Leslie Lefer at 215-247-4654 or email llefer@chestnuthillpres.org

LUCRETIA ROBBINS ART EXHIBIT

This month at the Center on the Hill we're lucky to have Lucretia Robbin's Botanical Drawings for our art exhibition. This exhibition is the first time Lucretia Robbins is sharing her most recent botanical drawings from Kauai. Lucretia is an award winning artist, photographer, gardener, and teacher. She is a graduate in Fine Arts from Arcadia University and the Arboretum School of the Barnes Foundation. Her work is inspired by the world of nature. Having taught art at Springside School, Lucretia now teaches Art in the Garden to girls in her PHS award winning Wyndmoor garden. Please visit www.lucretiasgarden.com.

THE BASICS OF HOW TO USE YOUR ANDROID PHONE AND AVOIDING ONLINE SCAMS

Session 1: Wednesdays, September 12, 19, 26 and October 3, 10

Session 2: Wednesdays, October 17, 24, 31 and November 7, 14

Wednesday, November 21 is a combined Q & A

1:00 pm – 2:00 pm, Free, Maximum of twenty students. (Pre-registration required and only one session per person.)

Explore how to navigate through your Android phone step-by-step. You will learn how to save contacts, set-up your voicemail (and learn how to access your voicemail messages), send a text message, take photos and connect your email account to your phone. No experience necessary. Bring your Android to class. We'll also cover online safety topics including computer viruses and threats, setting up your online privacy, and spam emails. Handouts will be provided.

STRATEGIES TO MANAGE YOUR PAIN

Monday, September 17, 12:30 pm – 1:30 pm, Free

Pain management is designed to treat chronic pain and allow people to live full, enjoyable lives. All the options for pain relief require dedication, commitment and knowledge to achieve the best results. Pain management specialist Mathew Abraham, M.D., PM&R, Chestnut Hill Hospital, will explain the differences between non-invasive, non-drug pain management; pain management (medications); and invasive pain management (injections). Find out what may be the best treatment for you.

YOU AND YOUR THYROID

Tuesday, September 18, 10:30 am – 11:30 am, Free

What do you know about your thyroid? Bet you never give it a thought. It is a small but powerful gland in your neck. It does a lot of good things for you. Can anything go wrong with it? Yes, it can and there are many different ways to treat these disorders. It may run slowly or it could be speeded up. There are different symptoms involved with these problems. Learn what they are and how they are treated. Did you also know that your thyroid could get cancer? It is the most easily treated kind of cancer but there are a lot of things to deal with if you are given this diagnosis. Come and learn the symptoms to be aware of and how this disease is treated. Pat Paillard will explain the thyroid's workings, what can go wrong with it, and what the treatments are for its disorders.

HELP YOURSELF TO HEALTH: CHRONIC DISEASE SELF-MANAGEMENT WORKSHOP

Informational Session: Thursday, September 20, 10:30 am, Free

We're lucky to be hosting this wonderful program offered by the Philadelphia Corporation for Aging. This is a six-week program (Tuesdays, October 2 – November 6 from 10:30 am - 12:30 pm) to assist older adults age sixty and over deal with and manage the symptoms of a chronic disease, such as, pain, depression and physical limitations.

The "Help Yourself to Health" workshop is highly interactive and designed to involve participants. This workshop is built on the principle of self-efficacy or confidence, thereby participants become more likely to be good self-managers of their health. Participants will be asked to create an action plan for managing their chronic conditions, and each week they will receive feedback on their success at completing their action plans. Participants of the "Help Yourself to Health" workshop will also receive a companion book and relaxation CD.

TRANSFORMING PLASTIC BAGS INTO SLEEPING MATS FOR THE HOMELESS

3rd & 4th Thursdays of September and October

3rd & 5th Thursdays of November (due to Thanksgiving)

1:30 pm – 3:30 pm, Free

In June, we celebrated six months of hard work when we dropped off twenty-two completed sleeping mats to Project Home. We are continuing our work on transforming plastic grocery bags into sleeping mats for the homeless of Philadelphia. (FYI: it takes five hundred – seven hundred bags to make one sleeping mat.) These mats provide needed extra cushion and a moisture barrier to make life on the streets a bit more bearable. Leigh Munro, one of our Center on the Hill instructors, has been making these mats for over a year. She'll lead us in a step-by-step process on how to make the mats. Please bring your Acme, Giant, Walmart, Wegmans, etc. sized bags and sharp scissors to cut the bags. No experience is necessary to join this group.

WITH OUR NEIGHBORS

TOUR AND TEA WITH VIOLET OAKLEY

Tuesday, September 11, and Wednesday, September 12, 1:00 – 3:00 pm, \$21/person suggested donation.

Would you like to see and learn about the art treasures at The First Presbyterian Church in Germantown? Germantown Avenue Crisis Ministry, in conjunction with its 21st Anniversary Celebration invites you to attend a tour of the sanctuary and the Jennings Room to view the Tiffany, D'ascenzo and Willets stained glass windows, as well as Violet Oakley's murals. Tours can accommodate 25 attendees. A docent will lead the tour followed by a tea. Proceeds benefit GACM's emergency services. Contact Beth Cox to schedule your tour (215-808-1571 or ecox312@verizon.net.)

PIFFARO: THE RENAISSANCE BAND

Saturday, September 15, 7:30 pm in the Sanctuary

The season opens with "Water, Winds & Waves." Special \$20.00 tickets (use code: PCCH) are available to all members of PCCH. For tickets or more information: www.Piffaro.org.

MY PLACE GERMANTOWN'S TRIVIA NIGHT

Saturday, September 29, doors open at 6:00 pm, Widener Hall, \$40 before September 1, otherwise, \$50.

You are invited to the annual fundraiser to support the mission of My Place Germantown. A casual evening of fun, laughter and a chance to show off how much you know, or do not know! Trivia competition will be played in teams of eight. If you don't have enough to fill your table, you will be seated with others to complete a table. This event is for adults 21 and over. The evening includes a dessert buffet and it is BYOB. In addition to the trivia game, there will be a raffle of gift certificates, gift cards, and more from local restaurants, hotels, theaters, and golf courses. The raffle will be open from 6-7 pm and during the dessert break. Registration forms are available in the church office.

THE BIG GIVE – CRADLES TO CRAYONS AND PECO

Saturday, September 29, 10:00 am – 1:00 pm

Drop off your donations of: **new and gently used children's clothes, shoes and winter boots, winter coats, hats and gloves, new school supplies, diapers, books, and nursery items.** For a list of donation guidelines and convenient drop-off locations near you, please visit: cradlestocrayons.org/Philadelphia/big-give/ or donations can be dropped off at Cradles to Crayons Warehouse in West Conshohocken, or they have a local drop off site at the YMCA facility in Roxborough.

THIS WEEK AT PCCH

SUNDAY, SEPTEMBER 9

9:00 am Gallery Choir Rehearsal (Sanctuary)
10:00 am Worship (Sanctuary)
10:15 am Church School (Strouse)
11:15 am Celebratory Reception (Widener)
2:00 pm Crossing Rehearsal (Sanctuary)

BRIAN'S ORDINATION/INSTALLATION

MONDAY, SEPTEMBER 10

3:30 pm Girlchoir Rehearsal (Room 3&4)
4:00 pm Girlchoir Rehearsal (Choir Room/Sanctuary)
6:00 pm Pre-K School Back to School Night (Harris)
6:30 pm Crossing Rehearsal (Chapel)
7:00 pm Finance Committee (Room 1&2)
7:00 pm Philomusica Rehearsal (Widener)

TUESDAY, SEPTEMBER 11

2:30 pm Crossing Rehearsal (Sanctuary)
6:00 pm Girlchoir Rehearsal (Choir Room)
6:30 pm Crossing Rehearsal (Sanctuary)
7:15 pm Royal Scottish Country Dancers (Chapel)
7:30 pm Session (Melcher)

WEDNESDAY, SEPTEMBER 12

7:15 am Rotary (Widener)
10:15 am Mysticism Discussion (Reception Room)
5:00 pm Crossing Rehearsal (Chapel)
5:30 pm Girlchoir Rehearsal (Choir Room/Sanctuary)
8:00 pm Summit Group (Room 3&4)

THURSDAY, SEPTEMBER 13

12:00 pm Speaker Series (Widener)
5:00 pm Penn Mindfulness Workshop (Chapel)
6:30 pm Alzheimer's Caregivers Support Group (Harris)
6:30 pm Cub Scouts (Widener)
7:30 pm Boy Scouts (Widener)
7:45 pm Gallery Choir (Choir Room)

FRIDAY, SEPTEMBER 14

9:00 am Organ Practice (Sanctuary)
2:30 pm Crossing Rehearsal (Sanctuary)

SATURDAY, SEPTEMBER 15

8:00 am Girlchoir Rehearsal (Sanctuary/Choir Room/Widener/Room 3&4)
9:30 am Girlchoir Parent Meeting (Harris)
12:00 pm Crossing Rehearsal (Chapel)
7:30 pm Piffaro Concert (Sanctuary)

NEXT WEEK AT PCCH

SUNDAY, SEPTEMBER 16

9:00 am
10:00 am
10:15 am
11:15 am

HOMECOMING SUNDAY

Gallery Choir Rehearsal (Sanctuary)
Worship (Sanctuary)
Church School (Strouse)
Homecoming Picnic (Widener/Front Lawn)

THIS WEEK AT CENTER ON THE HILL

MONDAY, SEPTEMBER 10

9:30 am
12:30 pm
2:00 pm
2:15 pm
2:30 pm

Sketching and Drawing Class (Room 1&2)
Bridge Game (Room 5)
Qigong (Room 3&4)
Gentle Yoga (Harris)
French Conversation (Room 1&2)

TUESDAY, SEPTEMBER 11

9:30 am
9:30 am

Mindfulness Practice (Harris)
Watercolor Workshop (Room 1&2)

WEDNESDAY, SEPTEMBER 12

10:00 am
11:30 am
12:00 pm
1:00 pm
2:30 pm

Tai Chi (Room 3&4)
Bridge Game (Room 1&2)
Diabetes Workshop (Room 5)
Basics of Your Android Phone (Harris)
Golden Yoga (Harris)

THURSDAY, SEPTEMBER 13

9:00 am
9:00 am
10:00 am
1:00 pm

PCCH Bridge Group (Room 1&2)
Qigong (Harris)
Bridge Game (Room 5)
Medicare Counseling (Room 1&2)

FRIDAY, SEPTEMBER 14

9:30 am
10:00 am
10:00 am
11:00 am
11:00 am
11:30 am
1:00 pm
1:00 pm
2:30 pm

Yoga with Attitude (Harris)
Scrabble (Room 5)
Strengthen Your Voice I (Choir Room)
Strengthen Your Voice II (Choir Room)
Private Mah Jongg Group (Room 5)
Yoga, A Chair and You (Harris)
International Folk Dancing (Room 3&4)
Mah Jongg Open Play (Room 5)
Golden Yoga (Harris)