

WELCOME TO THE PRESBYTERIAN CHURCH OF CHESTNUT HILL!

**PLEASE SILENCE ALL ELECTRONIC DEVICES
BEFORE THE BEGINNING OF WORSHIP.**

Resources for those with special needs are available. Speak with an usher for assistance.

If you are a visitor and would like to meet the ministers, take a tour of the church, ask some questions, or go to coffee hour, please speak with an usher.

If you need a ride to church, please call the church office at 215-247-8855.

If you need pastoral care, please speak with one of the ministers or call the church office.

If you need child care, a nursery for infants and children through age 2 is available before worship in the Strouse building; children age 3 and older should accompany parents to worship and join in the Children’s Moment, after which they will be dismissed for the Church School Gathering. Bags with coloring pages and crayons are available in the narthex; please return the bags after the service.

In case of an emergency, there are three exit doors behind you in the narthex. If you are sitting near the front of the sanctuary, use the door near the lectern.

In case of a medical need, please alert an usher – first aid supplies and a wheelchair are available.

CHRISTMAS GIFT THANK YOU NOTES

The 2017 “Christmas season” may have passed, Epiphany has come and gone, but it’s never too late to write a thank you note! On behalf of the following Mission Partners, we extend a heartfelt thank you for our congregation’s generosity:

-- West Kensington Ministry, for the \$2000 raised to Stock their Pantry, a toy for Mia the Church Dog, Beanie Babies for all the children in the congregation, and cookies.

-- Philadelphia Interfaith Hospitality Network, for 20 wrapped gifts from the wishlists of children and adults in families that PIHN works with - some who are experiencing homelessness and some who are working to avoid homelessness.

-- ACHIEVEability, for 25 wrapped gifts from the wishlists of children in families experiencing homelessness who are supported by the agency’s education-focused transitional housing program.

-- Germantown Avenue Crisis Ministry, for the food and personal care items collected in our Reverse Advent Boxes which will be distributed to people who visit their food pantry and come in for other services at GACM.

ARE YOU MISSING A CROCKPOT?

Brian and the Youth Group recently cleaned up Brian’s office while creating new artwork for the walls. They found two crockpots which are now on the church kitchen windowsill if you have noticed that one is missing from your home. We will leave them there for the next few weeks and then they will be donated to Impact Thrift Shop or a PCCH member is welcome to adopt one. Any questions, please contact the church office. Thank you.

**Narthex News
January 21, 2018**

CHURCH SCHOOL AT A GLANCE

1/21/2018	Room	Teacher	Topic
Birth - 2 Year Olds	Room 101	Ms. Debbie and Ms. James	God’s Care
Pre-K (3-4 Year Olds)	Room 211	Sharyn Walker and Emilyanne Shelley	Godly Play
Kindergarten-Grade 1	Room 205	Allison DeCaro and Cassie Paulk	Jonah and the Big Fish
Grade 2-3	Room 208	Lisa Burns and Lexi Clement	Jonah and the Big Fish
Grade 4-5	Room 209	Jim Spause and Emily Spause	Jonah and the Big Fish
Grade 6-7	Youth Room	Beth Hessel	Parables, Miracles and Signs

CHILDREN, YOUTH AND FAMILIES

JR. HIGH YOUTH FELLOWSHIP

Sunday, January 21: 11:30 am – 2:00 pm: Lazertag at Ultrazone in Neshaminy

Sunday, January 28: 4:30 – 7:30 pm: Capture the Flag; Dinner Church

Sunday, February 4: 11:30 am – 12:30 pm: Service Project (“Letters in Winter”)

SR. HIGH YOUTH FELLOWSHIP

Sunday, January 21: 11:30 am – 2:00 pm: Lazertag at Ultrazone in Neshaminy

Sunday, January 28: 4:30 – 7:30 pm: Capture the Flag; Dinner Church

Sunday, February 4: 11:30 am – 12:30 pm: Service Project (“Letters in Winter”)

THE CHURCH GATHERED

SOULS SHOT PROJECT HAS RETURNED TO PCCH

The portraits of victims of gun violence are once again hanging in Widener Hall. If any teachers are interested in bringing their students to see the show, Laura Madeleine would be happy to give a tour and lead a discussion and/or project. Please contact her at soulshotportraitproject@gmail.com or call the church office at 215-247-8855. The exhibit will be in Widener through January before it moves to its next home.

2ND HOUR @ PCCH

Sunday, January 21, 11:30 am, Reception Room

Faith at Work. The Adult Education Committee continues this series on Faith at Work led by church members who have been asked to reflect on their vocations. This Sunday Bill Toffey, Michael Sebright and Will Agate will reflect on their commitment to be stewards of the earth as they care for the environment through the work they do.

Sunday, January 28, 11:30 am, Reception Room

Faith at Work. Continuing our series on Faith and Work, Jeff Podraza and Mark Nottingham will connect the dots between faith and their work in finance and the insurance industry.

Dinner Church

Sunday, January 28, 6:00 pm, Burleigh Cruikshank Chapel

Bring a dish to share, a beverage of choice and be ready for a lively conversation around a table set with candles and love. Children, youth and adults become a family of faith, breaking bread and sharing the cup in the midst of our meal and in thanksgiving for the love that knows no end.

WINTER WELLNESS (RE)SOLUTIONS

Saturday, February 3, 9:00 – 10:30 am, Harris Room, \$10 donation includes a one-hour yoga class led by Martha Agate followed by coffee, light breakfast bites, takeaway tips and product sampling from Pure Haven with Kirsten Sebright.

Join Martha and Kirsten for a relaxing and empowering morning where you will meet on your yoga mats and share coffee together while learning to detox your mind, body and home in 2018! A portion of proceeds benefit the Transformation Yoga Project. RSVP to msagate@gmail.com or kirsten.sebright@gmail.com.

FEBRUARY'S CHURCH LIFE OUTING – A NIGHT WITH THE PHILADELPHIA ORCHESTRA

CONDUCTED BY PCCH MEMBER CRISTIAN MACELARU

Saturday, February 24, 8:00 pm followed by a champagne reception. Our group tickets will cost approximately \$40, a significant discount from the regular ticket price!

The program that evening, “Beethoven, Brahms, and Brass,” features one of America’s most acclaimed and most frequently performed living composers, Philadelphian Jennifer Higdon, with a brilliant new work, this time for those stalwarts of the brass section, the trombones and tuba. Hear them shine in this rare turn in the spotlight. Beethoven’s Eighth Symphony may seem overshadowed by the magnificent Ninth that followed, but there’s compositional genius (and

humor) to burn here. Zoltán Kodály’s Dances of Marosszék are the rural counterpart of Brahms’s more urbane Hungarian Dances; they make wonderful bookends for this strikingly original program. If you are interested, please see Jeff Podraza or email pcchchurchlife@gmail.com

HOW YOU CAN HELP

GERMANTOWN AVENUE CRISIS MINISTRY: Next collection date is Sunday, February 4.

GACM provides food, fuel, clothing, housing and other emergency assistance to those who live in the Northwest section of Philadelphia. We collect food and cash donation for the GACM Food Cupboard on the first Sunday of every month. Please help with your donations of: canned tuna, chicken and meats; rice, pasta, and potato products (not in glass jars); peanut butter; canned vegetables; powdered milk; hearty soups and stews; and hot cereals.

OUR BROTHER'S PLACE

Next Sloppy Joe Pick-up Date is Monday, January 29

The Social Witness Committee would like to offer special thanks to all members who continue to help with our outreach at the OBP Shelter. We will continue to provide dinner on the fourth Sunday of each month, but will no longer send volunteers to serve. **We continue to need monthly donations of sloppy joes** (simple recipe: brown two pounds of ground beef or turkey, add a can of Manwich sauce, freeze flat in a Ziploc bag and bring to the freezer in the Church kitchen).

FACE TO FACE

Next serving dates are Saturday, February 17; and Saturday, March 31 (These upcoming dates are all holiday weekends, when volunteerism is low but the need is still great. Please consider signing up for one or more of these dates sooner rather than later to ensure that we cover these needs.)

The Social Witness Committee is happy to inform the congregation that our service at Face to Face is doing extremely well. All are welcome to join us. Face to Face is a well rooted, well managed community service organization located in Germantown, just 15 minutes from church. It provides various services to area residents. Face to Face also provides them with meals—and this is where PCCH is helping out. There is a sign-up sheet on the table below the Social Witness bulletin board outside the church office. Those who would like to involve themselves in this service opportunity should contact Emily Camp-Landis (camplandis120@yahoo.com) or Melissa Montgomery (melissamon70@yahoo.com).

THE CHURCH SENT OUT

HABITAT FOR HUMANITY DIAMOND PARK PROJECT

Saturday, February 10, 2018 from 8:30 am to 3:30 pm

PCCH has been asked to provide six volunteers to return to work on Diamond Park. If you are interested or just want to learn more, contact Brian Russo (brusso@chestnuthillpres.org) or Mark Conti (marksconti@gmail.com). No special skills are needed but volunteers must be at least 16 years old. Please see the sign-up sheet on the bulletin board outside the church office.

WITH OUR NEIGHBORS

TEMPESTA DI MARE

Saturday, January 27, 8:00 am, Sanctuary

FANTASIE, Character, Allegory and Imagination. The craft of musical representation for orchestra, with a heady depiction of the stages of love by Couperin, an earthy sketch of commedia dell'arte figures by Telemann, a tribute to dance by Rebel, and a monument to imagination by Handel. Tickets at tempestadimare.org or 215-755-8776

CENTER ON THE HILL ... *the place for active adults*

To register for these programs, unless otherwise indicated, please call Leslie Lefer at 215-247-4654 or email llefer@chestnuthillpres.org

UNDERSTANDING THE BALANCE SYSTEM AND FALL PREVENTION EXERCISES

Tuesday, January 23, 11:00am – Noon, Free

Dr. Dawn Cute has been sharing her expertise with us for the last five years. This winter she returns to teach us more about our balance system, especially our spine. In this session, you will also learn exercises to maintain your posture to create a stronger torso and legs. This will increase balance and stability to keep you strong, independent, and hopefully fall free during the slippery winter months.

AFTERNOON MOVIES

Tuesday, January 23, 1:30pm, \$1 (includes popcorn)

Are you looking for an enjoyable activity that's economical and during the daytime so you don't have to drive at night? Are you looking to see a movie in an intimate setting with easy parking and no long lines? Then join us for an enjoyable afternoon at the movies.

Showing: "North By Northwest"

A hapless New York advertising executive (Cary Grant) is mistaken for a government agent by a group of foreign spies, and is pursued across the country while he looks for a way to survive. (1959)

WELL SPOUSE ASSOCIATION SUPPORT GROUP

4th Tuesday of the month, 6:30pm – 8:30pm, Free

"When one is ill, two need help." If you are a spouse or partner of someone who has a chronic illness or disability, your life is likely much more complex than you had planned. The reality is that most life/future plans that we had imagined may be difficult, if not impossible, to achieve, and may require a major adjustment in our thinking. Joining our peer-led support group may be the first step in helping to create your "new normal," and get support for the self-care that is greatly needed to continue on this sometimes arduous journey.

ALL YOU NEED TO KNOW ABOUT THE PHILADELPHIA CORPORATION FOR AGING (PCA)

Thursday, January 25, 10:30am – 11:30am, Free

Founded in 1973, the Philadelphia Corporation for Aging's mission is to improve the quality of life for older and disabled Philadelphians. Their services and programs help seniors age well, enjoy life and remain independent as long as possible. Did you know that PCA helps older adults find or change jobs, has programs to help you make modifications and repairs to your house to make it safe, or resources to help you find a lawyer? Please join us to learn all about PCA's services and programs available to seniors in Philadelphia.

SIMPLE AND HEALTHY MEAL PREP

Tuesday, January 30, 11:00am – Noon, Free

Join Rabiya Bower, RD, LDN & in-store nutritionist for the Flourtown Giant as she discusses how to plan and balance your meals and snacks using the MyPlate method. She'll focus specifically on convenient and healthy food items that do not require a lot of prep work. You'll make a sample meal plan based on the current sale circular and receive a magazine full of recipes to take home.

SOULCOLLAGE© CARD MAKING

Tuesday, January 30, 1:30pm – 3:30pm, \$25 (includes \$10 for supplies), Minimum of five students.

Using the SoulCollage© process developed by Seena B. Frost, everyone can be an artist and explorer of the Soul. Using intuition, imagination and cut out images, your SoulCollage© card emerges before your eyes and offers insight into one of the many aspects of your Self. The cards become a form of visual memoir, giving expression to your unique story, in all its complexity and beauty. The process is open, creative and FUN. In this course, you'll have an opportunity to learn about the SoulCollage© process while making one or more SoulCollage© cards and it's easy to continue making cards at home.

THIS WEEK AT PCCH

SUNDAY, JANUARY 21

9:00 am	Gallery Choir Rehearsal (Sanctuary)
10:00 am	Worship (Sanctuary)
10:15 am	Church School (Strouse)
11:00 am	Church School Sings (Chapel)
11:15 am	Fellowship (Widener)
11:30 am	2 nd Hour @ PCCH (Reception Room)
2:00 pm	Jr./Sr. High Fellowship (Lazertag)

MONDAY, JANUARY 22

4:30 pm	Girlchoir Rehearsal (Choir Room/Sanctuary)
6:15 pm	Yoga (Melcher)
6:30 pm	Girlchoir Rehearsal (Choir Room/Sanctuary)
6:45 pm	Feldenkras Class (Harris)
7:00 pm	Mostly Waltz (Chapel)

TUESDAY, JANUARY 23

6:00 pm	Crossing Board Meeting (Harris)
6:30 pm	Girlchoir Rehearsal (Choir Room)
6:30 pm	Well Spouse Support Group (Room 1&2)
7:15 pm	Royal Scottish Country Dancers (Chapel)

WEDNESDAY, JANUARY 24

7:00 am	Rotary (Widener)
11:00 am	Bible Study (Harris)
5:30 pm	Girlchoir Rehearsal (Choir Room)
8:00 pm	Summit Group (Room 3&4)

THURSDAY, JANUARY 25

9:30 am	Outdoor Gardeners Board (Melcher)
9:30 am	Presbyterian Clergy Group (Reception Room)
6:30 pm	Cub Scouts (Widener)
7:00 pm	MALT Wordpress Class (Room 5)
7:00 pm	Scout Board of Review (Room 3&4)
7:30 pm	Boy Scouts (Widener)
7:45 pm	Gallery Choir (Choir Room)

FRIDAY, JANUARY 26

9:00 am	Organ Practice (Sanctuary)
7:00 pm	PhiloMusica Rehearsal (Sanctuary)

SATURDAY, JANUARY 27

9:00 am	Girlchoir Rehearsal (Sanctuary/Choir Room)
8:00 pm	Tempesta di Mare Concert (Sanctuary)

NEXT WEEK AT PCCH

SUNDAY, JANUARY 28

9:00 am	Gallery Choir Rehearsal (Sanctuary)
10:00 am	Worship (Sanctuary)
10:15 am	Church School (Strouse)
11:00 am	Church School Sings (Chapel)
11:15 am	Fellowship (Widener)
11:30 am	2 nd Hour @ PCCH (Reception Room)
1:30 pm	Mostly Waltz Dancing (Widener)
4:30 pm	Jr./Sr. High Fellowship (Youth Room)
6:00 pm	Dinner Church (Chapel)

THIS WEEK AT CENTER ON THE HILL

MONDAY, JANUARY 22

9:30 am	Sketching and Drawing Class (Room 1&2)
11:00 am	Strengthen Your Voice (Choir Room)
12:30 pm	Bridge Game (Room 5)
2:00 pm	Qigong (Room 3&4)
2:15 pm	Gentle Therapeutic Yoga (Harris)
2:30 pm	French Conversation (Room 1&2)

TUESDAY, JANUARY 23

9:00 am	Yin yoga (Room 3&4)
9:30 am	Watercolor Class (Room 1&2)
10:00 am	Intro to Computers (Room 5)
11:00 am	Understanding Balance (Room 3&4)
1:30 pm	Afternoon Movie (Harris)
1:30 pm	Singing & Dancing to Oldies (Room 3&4)
3:00 pm	Zumba Gold (Room 3&4)

WEDNESDAY, JANUARY 24

10:00 am	Tai Chi Level I (Room 3&4)
11:15 am	Tai Chi Level III (Room 3&4)
11:30 am	Bridge Game (Room 1&2)
12:00 pm	Wednesday Diabetes Workshop (Room 5)
12:30 pm	Tai Chi Level II (Room 3&4)
2:30 pm	Golden Yoga (Harris)

THURSDAY, JANUARY 25

9:00 am	PCCH Bridge Group (Room 1&2)
9:00 am	Pilates (Room 3&4)
9:00 am	Qigong (Harris)
10:00 am	Bridge Game (Room 5)
10:30 am	Getting to Know PCA (Harris)
1:00 pm	Individual Medicare Counseling (Room 1&2)
1:30 pm	Making Plastic Sleeping Mats (Harris)
4:00 pm	Zumba Gold in a Chair (Room 3&4)

FRIDAY, JANUARY 26

9:30 am	Yoga with Attitude (Harris)
10:00 am	Scrabble (Room 5)
11:30 am	Yoga, A Chair and You (Harris)
1:00 pm	International Folk Dancing (Room 3&4)
1:00 pm	Mah Jongg Open Play (Room 5)
2:30 pm	Golden Yoga (Harris)