

WELCOME TO THE PRESBYTERIAN CHURCH OF CHESTNUT HILL!

**PLEASE SILENCE ALL ELECTRONIC DEVICES
BEFORE THE BEGINNING OF WORSHIP.**

Resources for those with special needs are available. Speak with an usher for assistance.

If you are a visitor and would like to meet the ministers, take a tour of the church, ask some questions, or go to coffee hour, please speak with an usher.

If you need a ride to church, please call the church office at 215-247-8855.

If you need pastoral care, please speak with one of the ministers or call the church office.

If you need child care, a nursery for infants and children through age 2 is available before worship in the Strouse building; children age 3 and older should accompany parents to worship and join in the Children's Moment, after which they will be dismissed for the Church School Gathering. Bags with coloring pages and crayons are available in the narthex; please return the bags after the service.

In case of an emergency, there are three exit doors behind you in the narthex. If you are sitting near the front of the sanctuary, use the door near the lectern.

In case of a medical need, please alert an usher – first aid supplies and a wheelchair are available.

Narthex News

February 26, 2017

CHURCH SCHOOL AT A GLANCE

2/26/2017	Room	Teacher	Topic
Birth - 2 Year Olds	Room 101	Ms. Debbie and Ms. James	God's Care
Pre-K (3-4 Year Olds)	Room 211	Sharyn Walker and Matt or Sara Eastman	Godly Play
Kindergarten-Grade 1	Room 205	Lila Kushner, Tommy Rebeck and Steve Bishop	Listen
Grade 2-3	Room 208	Page Pendse	Listen
Grade 4-5	Room 209	Dom, Virginia and Anna Rebeck	Listen
Grade 6-7	STAY	IN	WORSHIP

TICKETS AVAILABLE TODAY IN COFFEE HOUR

The Presbyterian Church of Chestnut Hill

SPAGHETTI DINNER



Sunday, March 12, 2017

5:00 – 7:00 pm

Widener Hall

Adults: \$12.00; Children: \$8.00

Family Maximum: \$35.00

All money generated from ticket sales and donations will go directly to the Youth Mission Trip held this summer.

ANOTHER OPPORTUNITY TO GIVE!

Wine lovers are invited to bring a bottle of wine (\$15 or more) to the church office through the morning of March 12. On the night of the Spaghetti Dinner, for an additional \$20 donation at the door, you will be given a mystery bottle to enjoy that night or to take home for another special occasion. When the donated bottles are gone, they are gone, so late diners need to plan their beverages accordingly. Proceeds will benefit the music program and the youth mission trip.

CHILDREN, YOUTH, AND FAMILIES

JR. HIGH YOUTH FELLOWSHIP

Today, February 26, 5:00 pm: Regular Youth Group (Youth Room)

Today, February 26, 6:00 pm: Dinner Church (Chapel)

Today, February 26, 7:00 pm: Confirmation Class (Harris)

Sunday, March 5, 10:00 am – 1:00 pm: Walking the Walk at Beth Am Israel

SR. HIGH YOUTH FELLOWSHIP

Today, February 26, 11:45 am: Theology and Pretzels (Iron Hill Brewery)

Today, February 26, 6:00 pm: Dinner Church (Chapel)

Sunday, March 5, 5:30 pm: Dinner in the City at El Vez

HOW YOU CAN HELP

GERMANTOWN AVENUE CRISIS MINISTRY: Next collection date is Sunday, March 5.

GACM provides food, fuel, clothing, housing and other emergency assistance to those who live in the Northwest section of Philadelphia. We collect food and cash donation for the GACM Food Cupboard on the first Sunday of every month. Please help with your donations of: canned tuna, chicken and meats; rice, pasta, and potato products (not in glass jars); peanut butter; canned vegetables; powdered milk; hearty soups and stews; and hot cereals.

CALLING ALL DAVIDSON GRADUATES AND FRIENDS OF DAVIDSON GRADUATES

The Interfaith Center of Greater Philadelphia is looking for host families who would house Davidson students for an alternative Spring Break. The dates are March 5-10. They will be spending the week in some sort of interfaith dialogue. If you are interested, contact Cindy for more details.

PRESBYTERY ASSESSMENT LETTER

Assessments letters have been mailed to all church members for the 2017 assessment of \$28.00 per member. Remember that all family members, confirmation age and over, should be paying this assessment fee. If you have grown children who are still considered members but who are no longer living in the area, please include them in your family assessment check. We still must pay for them unless they have asked to be removed from the rolls. Thank you.

OUR BROTHER'S PLACE

The Social Witness Committee would like to offer special thanks to all members who continue to help with our outreach at Our Brother's Place Shelter (part of Bethesda Project). We will continue to provide dinner on the fourth Sunday of each month, but will no longer send volunteers to serve. We continue to need monthly donations of sloppy joes (simple recipe: brown two pounds of ground beef or turkey, add a can of Manwich sauce, freeze flat in a ziploc bag and bring to the freezer in the Church kitchen.). Thanks so much for your continued support of OBP.

THE CHURCH GATHERED

SECOND HOUR AT PCCH – PANEL ON BIO-MEDICAL ETHICS

Today, February 26, 11:30 am, Reception Room

What lines are we as a society willing to cross to achieve long-desired breakthroughs to cure diseases and end human suffering? How can scientists of faith square their convictions with the research that they are asked to do? If our common life is truly a reflection of our faith, what responsibility should Christian members of the public have in shaping publicly-funded science? Join us in Second Hour as we discuss these questions and more while exploring the intersection of Christian faith and biomedical research.

Today, February 26, 6:00 pm, Burleigh Cruikshank Chapel

Shrove Sunday Dinner Church

Bring the whole family for an evening of pancakes, sausages, and general merriment before we begin the season of Lent. Please bring desserts or beverages as your contribution to the meal. At Dinner Church, children, youth and adults become a family of faith, breaking bread and sharing the cup in thanksgiving for the love that knows no end.

THEOLOGY ON TAP

Tuesday, February 28, 7:30 pm

Join us in the upper room at Campbell's Place for a beer and conversation. Join Brian and other "Thinkers" for a round of pints and enlightenment. Any questions, please contact Brian Russo or the church office.

2017 LENTEN REFLECTIONS

Lent is a season of reflection, remembrance, and preparation. To help us observe the season this year, members of our congregation have prepared reflections on several scripture passages from the Gospel of John. We will be sending one reflection out to the congregation via email most days during Lent, which begins on Ash Wednesday, March 1. As these emails are sent over the next several weeks, we hope you will take a few moments when you can to read, pray, and reflect. Thank you to all who participated by submitting a reflection, and we hope everyone will find this to be a meaningful and helpful guide for marking this holy season and preparing our hearts for the celebration of Easter.

SPEAKER SERIES ON THE HILL

FROM POVERTY TO PENN: THE STORY OF THE PERSON WHO CHANGED MY WORLD

Thursday, March 9, Gather at 12:00 noon, Presentation begins at 12:30 pm, Widener Hall. Dessert and coffee are provided. A \$5 donation is requested.

In the aftermath of the 1994 genocide in Rwanda, there were 3 million orphans left with no hope for surviving. Around that time, Rwanda was the second poorest country in the whole world. I was part of that Rwanda and I was 2 years old when the genocide happened. I, Emmanuel Nkundunkundiye, want to share with you the story of how I was saved from that darkness to winning a full scholarship to University of Pennsylvania. My talk will focus on how I was saved from poverty by an American woman who was brave enough to pursue her calling to help Rwandan orphans, and how that has changed Rwanda.

“SOUL SHOT: PORTRAITS OF VICTIMS OF GUN VIOLENCE”

Deadline for application to exhibit Wednesday, March 15, 2017

Call for Artists working in any media to create a portrait of a victim of gun violence or who have already created such a work. Intended to bring attention to the devastating effects of gun violence in our communities, this exhibition will be an integral part of PCCH's Festival of Music and Arts and in conjunction with *Heeding God's Call to End Gun Violence*. Exhibition November 3 to December 1, 2017. Deadline for application to exhibit March 15, 2017. For more information and to register, visit “Festival of Music & Arts” on the church web site: chestnuthillpres.org. Questions? Email Laura and Rebecca Thornburgh at pcchmusicandarts@gmail.com.

WITH OUR NEIGHBORS

2017 DARE TO UNDERSTAND AWARD

Tuesday, March 7, 7:30 pm, Bryn Mawr Presbyterian Church, Tickets are Free.

The annual *Dare to Understand* Award honors community leaders of distinction. Recipients, through their actions, reflect the Center's commitment to diversity and challenge barriers to understanding. This year, the Interfaith Center will recognize Eboo Patel, who is a leading voice in the movement for interfaith cooperation, the Founder and President of Interfaith Youth Core, and the author of *Acts of Faith, Sacred Ground*, and *Interfaith Leadership*. Named by US News & World Report as one of America's Best Leaders of 2009, Eboo served on President Obama's Inaugural Faith Council. Contact Abby Stamelman Hocky at ash@interfaithcenterpa.org

INTRODUCTION TO SYSTEMIC RACISM WORKSHOP

Saturday, March 11, 8:30 am – 5:00 pm, Widener Hall

As part of the Presbytery's 300th Anniversary celebration, the NW Regional Team is offering this workshop conducted by Crossroads Antiracism Organizing and Training. This workshop helps people explore the idea that racism is not only a matter of individual prejudice but a systemic, institutional problem of power. Discussion will be placed in a theological framework.

Cost: \$25 which includes lunch and snacks. Pre-registration required by March 3. Checks payable to Presbytery of Philadelphia, NW Region Workshop in the memo line. Mail to 91 East Gowen Avenue, Philadelphia PA 19150

CENTER ON THE HILL ... *the place for active adults*

To register for these programs, unless otherwise indicated, please call Leslie Lefer at 215-247-4654 or email llefer@chestnuthillpres.org

YOGA FOR VISION

Tuesday, February 28, 10:30 am – Noon, \$12

Like all the muscles of the body, if the muscles of the eyes are not toned, they weaken and our vision is affected. The late physician Swami Sivananda considered sight the most abused of our five senses. This class will introduce a series of eye exercises, which have been proven to benefit vision. We will also dive more deeply into our internal vision. We will explore our intuitive aspects through restorative yoga poses, and meditation.

NUTRITION AND YOU

Mondays, March 6 – 20, 10:30 – 11:30 am, \$39 for three sessions, Minimum of 6.

What is your body really telling you? Most disorders, and disease begin with nutrient imbalance, and inflammation in the body. As we age it becomes more difficult to correct an imbalance, and to rid the body of inflammation. Learn natural ways to help lower cholesterol, lower high blood pressure, strengthen bones, improve heart function, have better digestion, and reduce stress. And other disorders which participants would like discussed. The foods we eat, our supplements and the prescription drugs we take can determine our nutrition and health levels, memory, emotions, learning, energy, and how we handle stress. These classes will address these issues through diet, supplements, and stress reduction techniques.

MUSIC AND SOUND AS HEALER

Tuesdays, March 7, 14 and 28(no class on March 21), 1:00 – 2:30 pm, \$49 for three sessions, Minimum of six students.

When we listen to music and sound many bodily changes take place. There are changes in respiration, pulse, blood pressure, muscle tone, brain wave frequency, and hormones. Some music and sound can be harmful to the body, and others can be therapeutic. In this class you will learn how to use music and sound as a catalyst for healing, to reduce pain, relieve stress, improve memory, improve language, and support coordination and balance.

DEMENTIA – EVERYTHING YOU WANTED TO KNOW BUT WERE AFRAID TO ASK

Monday, March 13, 12:30 – 1:30 pm, Free

Please join Charles Altman, M.D., psychiatrist, director of Chestnut Hill Hospital's Senior Behavioral Health Program during Brain Awareness Week. He will discuss what you need to know about the growing rate of dementia. The greatest risk factors for developing dementia is advancing age—a trend that will continue. You will learn: common symptoms of dementia; what to expect when a loved one has been diagnosed with dementia; where the latest research is headed; and what we can do to help our brains. Bring your questions.

THIS WEEK AT PCCH

SUNDAY, FEBRUARY 26

9:00 am	Gallery Choir Rehearsal (Sanctuary)
10:00 am	Worship (Sanctuary)
10:15 am	Church School (Strouse)
11:00 am	Church School Sings (Chapel)
11:15 am	Fellowship (Widener)
11:30 am	2 nd Hour Panel Discussion (Reception Room)
11:45 pm	Theology and Pretzels (Iron Hill Brewery)
5:00 pm	Jr. High Youth Fellowship (Youth Room)
6:00 pm	Shrove Sunday Dinner Church (Chapel)
7:00 pm	Confirmation Class (Harris)

MONDAY, FEBRUARY 27

4:30 pm/6:30 pm
6:15 pm
7:00 pm

Girlchoir Rehearsal (Choir Room/Sanctuary)
Yoga (Melcher)
PhiloMusica Rehearsal (Widener)

10:15 am
11:00 am
11:15 am
5:30 pm

Church School (Strouse)
Church School Sings (Chapel)
Keeping the Faith Campaign Brunch (Widener)
Sr. High Dinner in the City

TUESDAY, FEBRUARY 28

12:00 pm
6:30 pm
7:00 pm
7:30 pm
7:30 pm

Community Luncheon (Widener)
CY Board Meeting (Harris)
MALT Clutter Tonic Class (Room 1&2)
Scouts (Room 5)
Theology on Tap (Campbell's Place)

WEDNESDAY, MARCH 1

7:00 am
11:00 am
5:30 pm
6:30 pm
6:30 pm
8:00 pm

ASH WEDNESDAY
Rotary (Widener Hall)
Bible Study/Ash Wednesday Worship (Harris)
CY/Keystone Rehearsal (Chapel)
Girlchoir Rehearsal (Sanctuary/Choir Room)
PG Parent Choir (Widener)
Summit Group (Room 3&4)

THURSDAY, MARCH 2

10:30 am
6:00 pm
6:30 pm/7:30 pm
7:00 pm
7:00 pm
7:45 pm

Outdoor Gardeners (Widener)
Penn Mindfulness Class (Harris)
Cub Scouts/Boy Scouts (Widener)
MALT Resumé Class (Room 1&2)
MALT Wordpress Class (Room 5)
Gallery Choir (Choir Room)

FRIDAY, MARCH 3

9:00 am

Organ Practice (Sanctuary)

SATURDAY, MARCH 4

9:00 am
9:00 am
12:00 pm

Girlchoir Rehearsal (Sanctuary/Choir Room)
Scouts Pancake Breakfast (Widener/Kitchen)
Brunch Set-up (Widener)

THIS WEEK AT CENTER ON THE HILL

MONDAY, FEBRUARY 27

9:30 am
12:30 pm
2:00 pm
2:15 pm

Sketching and Drawing (Room 1&2)
Bridge Game (Room 5)
Qigong (Room 3&4)
Gentle Therapeutic Yoga (Harris)

TUESDAY, FEBRUARY 28

9:30 am
9:30 am
10:00 am
10:30 am
1:30 pm
1:30 pm

Watercolor Class (Room 1&2)
Joy of Meditation (Harris)
Internet and Email Class (Room 5)
Yoga for Vision (Room 3&4)
Basic Bridge Part II (Room 5)
Zumba Gold (Room 3&4)

WEDNESDAY, MARCH 1

10:00 am
11:15 am
11:30 am
12:00 pm
12:30 pm
2:30 pm

Beginning Tai Chi (Room 3&4)
Level III Tai Chi Chuan (Room 3&4)
Bridge Game (Room 1&2)
Wednesday Diabetes Workshop (Room 5)
Level II Tai Chi Chuan (Room 3&4)
Golden Yoga (Harris)

THURSDAY, MARCH 2

9:00 am
9:00 am
10:00 am
1:30 pm
2:00 pm
5:45 pm

PCCH Bridge Group (Room 1&2)
Qigong Class (Harris)
Bridge Game (Room 5)
Beginning Bridge (Room 5)
Individual Medicare Counselling (Room 1&2)
Soul Line Dancing (Room 3&4)

FRIDAY, MARCH 3

9:30 am
11:30 am
1:00 pm
1:00 pm
2:30 pm

Yoga with Attitude Class (Harris)
Yoga, A Chair and You (Harris)
International Folk Dancing (Room 3&4)
Mah Jongg Open Play (Room 5)
Golden Yoga (Harris)

NEXT WEEK AT PCCH

SUNDAY, MARCH 5

9:00 am
10:00 am
10:00 am

LORD'S SUPPER
Gallery Choir Rehearsal (Sanctuary)
Worship (Sanctuary)
Youth Group Walking the Walk (Beth Am)